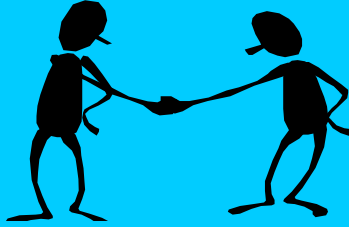


Making Friends



Things to Remember

- When someone is talking to me, I will try my best to pay attention.
- I will try to look at someone when they are talking to me.
- I will only talk when the other person has finished talking to me
- I will keep appropriate distance when talking to someone (arms length away)
- I will always ask before hugging or touching someone, not everyone will want a hug from me

Friendships make for a richer, fuller life. Developing friendships is not always easy, but it is good to have friends you can depend on.

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Things to Think About

- Be assertive and cautious of new people, you should get to know someone (what do they do, what are their interests, etc) before calling them a 'friend'.
- You should treat others with respect and kindness.
- Not everyone you meet is your friend, trust should be earned over time.
- Friends should not ask or expect you to do anything that might get you into trouble.

How to Know if Someone is Your Friend

- A friend will respect my opinion and will not force me to think the way they do
- A friend is someone I can trust
- A friend shows me that they care about me
- A friend won't call me names or make fun of me
- A friend will NOT make me do things that I don't want to do
- A friend will stick up for me when I am in trouble
- A friend will NEVER steal from me
- A friend will not ask me for things or money everytime we hang out

How to be a Good Friend

- I will not hurt my friends feelings
- I will tell someone I trust if my friend is hurting themselves or someone else, it is ok to tell someone because my friend might need help
- I should be caring and considerate of my friends, but I do not need to give them stuff or money to be a good friend
- I will respect my friends right to have different opinions than I do about stuff, my friends don't have to think the way I do
- It is ok if my friend says 'no' if I ask them for something, I will not get mad at them
- I will help my friends when they have a problem, It is ok if I don't help my friends if they want me to do something that will get me in trouble
- I will not make my friends do anything they don't want to do