

Family, Youth and Substance Use

A group designed for parents and family members who are concerned about a youth's use of drugs and alcohol.

This five-session series will explore topics such as: drugs commonly used by teens, signs of use, enhancing your relationship with your teen and supporting youth to refrain from substance misuse.

**Location: Millbourne Community Site
3756 - 78 Street**

**Times: Wednesday Evenings; February 15, 2012 – March 14,
2012 6:30 p.m. to 8:00 p.m.**

No Cost. To Register, Call (780) 422-3602 -- Pre-registering is required

***This group was made possible through collaboration with the Mill Woods Family Resource Centre.**

Feedback from previous group members:

"The group became my refuge, learning source and support at a very difficult time."

"It helped me determine what regular teen behaviour is as opposed to substance abuse"

"It's very helpful to know that we are not alone in these parenting situations and that support and information is available"