

The Study

The Strongest Families FASD program is an internet-based distance parenting program designed to help families deal with the behavioural challenges associated with FASD.



The Strongest Families FASD Program Includes:

- Online sessions and materials
- Weekly phone calls from a Strongest Families “Coach”
- Customized program delivery
- Flexible commitment schedule

Families will not have to travel to receive help!

Strongest Families FASD

Fetal Alcohol Spectrum Disorder (FASD)

Children can develop a range of behavioural and neurological problems as a result of prenatal alcohol exposure. These problems can be difficult to identify, treat, and manage.

FASD is now the leading non-genetic cause of developmental disability in Canada and a major public health concern.

We need to find new ways of supporting families who are raising children with FASD.

Our Goal

To determine if the Strongest Families FASD program provides parents with effective strategies to cope with the behavioural challenges associated with FASD.



Who can participate?
Caregivers of child(ren) between 4-12 years of age with FASD who live in Canada.

To learn more or to apply for the study please visit our website:

<http://mystudies.ca/studies/fasd>

Or contact us at:

FASDstdy@queensu.ca
1-877-341-8309 Menu#4 then 2



Please consider getting involved. We welcome the opportunity to work together and create positive change.

