



**ALBERTA EARLY YEARS
CONFERENCE 2014**

A PARENT EVENING
with Larry Cohen

Sunday, October 5, 2014

The Opposite of Worry

The Playful Parenting Approach to Childhood Anxieties & Fears

TICKETS
\$15

All children have some worries and anxieties - and these are on the rise. Participants will understand the operation of the Security System (alert, alarm, assessment and all clear) and learn about the opposite of worry in our children's bodies, thoughts, emotions, behaviors and relationships. We will look at parent worries too!



Lawrence J. Cohen, PhD, is a psychologist, author, speaker and consultant living in Boston, MA. His books have been translated into fourteen languages. Playful Parenting is an award-winning book about nurturing close connections, solving behavior problems, and encouraging children's confidence. In addition to his work with children and parents, he consults with schools, afterschool programs, corporations, and has a general psychotherapy practice.

Sunday, October 5, 2014
6:00pm - 8:30pm

Edmonton Marriott @ River Cree Resort

Tickets available at albertaearlyyears.ca/parentnight

*cost includes a light refreshment. Parking is complimentary at Marriott River Cree. Please note that we do not provide a childcare. If cost is a barrier to your attendance, please contact Timewise Event Management at earlyyears@timewise.biz

Marriott.
EDMONTON
AT RIVER CREE RESORT