



The 2nd Floor Women's Recover Centre is operated by the Lakeland Centre for Fetal Alcohol Spectrum Disorder in Cold Lake, AB. This is a unique long term residential alcohol/drug treatment program exclusively for women. The 2nd floor is a gender responsive program which recognizes that addiction in women are complex across the various roles that a women plays in society.

Our mission at the 2nd Floor is to help women break the cycle of addiction and to reduce the number of babies born prenatally exposed to alcohol and other drugs. The program is available to women as young as 15 years of age from anywhere across Canada. Our target group is women who are pregnant or at risk of getting pregnant and have alcohol or substance use issues. Women who are interested in attending the 2nd Floor Women's Recovery Centre for treatment do not need to have a FASD diagnosis.

A woman may make an application anytime, and may be asked to attend detox prior to admission to the program. The minimum stay is 28 days to a maximum duration of 6 – 7 months. The program offers each woman a private room with shared washroom facilities and common rooms. At the 2nd floor, each woman will have regular access to the Addiction Counsellor, a Case Coordinator, a Career & Life Readiness Programmer, a Registered Nurse, a Physician, and other community service providers. We are unable to provide support or accommodations for the women's partner or children.

Anyone can make a referral to the program. The Minister of Human Services has added the 2nd Floor Women's Recovery Centre to the list of addiction treatment programs in Alberta that is eligible for funding. There is a \$40 daily rate that can be covered by a variety of funders, please talk to us about the options. The program can also accommodate women who are mandated by the courts. For more information contact us at: 780.594.9903 or visit our website at: www.lcfasd.com/second-floor/

Thank you,

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Residential Supervisor
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