

EFAN Society members discussed the first two goals on the 2015 Strategic Planning Document on May 05, 2015. Please find below details of the discussion.

### **1. Supports and Services:**

To provide individuals, families, and communities with a range of holistic supports and services that meets their needs across the lifespan.

#### **How can the Network achieve this goal?**

- Hold more support groups so to meet the needs of the waitlists
- Holistic treatment
  - holistic treatment such as music has proven to be effective in FASD cases
  - Use animals assisted therapy
  - Art and dance
- Holding mini conferences for parents/caregivers
- Drop in centres for individuals on the waitlist
- Continue to blog about FASD programs and services in Edmonton and area
- Continue to have conversations and collaborations between agencies
- Invite new people to the EFAN Society meeting
- Looking into including program that cater to seniors
  - With aging parents/caregivers, look into ways of taking care of their dependants

### **2. Information and Education**

To provide access to information and resources while developing and delivering evidence based education and training opportunities to the community.

#### **How can the Network achieve this goal?**

- FASD awareness message
- Use K-Days and FASD Day to disseminate FASD message
- Prevention conversation
- Education within agencies
- Trainings for other organisations
- Hold conferences and other workshops i.e.
  - Lisa and Denise's McEwan presentation
  - Prevention conversation presentations (FAS educators)
- Hold another artwork contest for schools and youth programs
- Continue with Support groups that are held by various agencies
- Blog, tweet, Facebook, and pin resource information and other FASD messaging
- Cross collaborations between agencies