

We want you to know that Coaching Families has space on their waitlist to accommodate families!!

The Coaching Families Program with Catholic Social Services wants you to know that we have space on our waitlist for caregivers and/or parents with children suspected of or have the disability of Fetal Alcohol Spectrum Disorder (FASD).

Coaching Families has mentors that provide in home support to caregivers/parents through one to one coaching. The mentors support the caregivers/parents by:

- Teaching about the disability of FASD
- Helping to access services for diagnosis where required and/or appropriate
- Provide tools and strategies for adjustment in living with children who have FASD
- Advocate with educational, recreational, and social systems in the community
- Provide information on conferences and workshops
- Assist in developing realistic expectations for the children

Coaching Families provides a monthly parent support group where caregivers/parents can come together and receive support, learn and network with other parents.

One parent stated that their mentor provided them, “listening and encouraging us in a positive and supportive manner.”

Another parent indicated that their mentor “taught me a lot of services were available to me for all my grandchildren with FASD and with a learning disability with her help I have been able to ensure they all are aware of services they can get in their lives.”

A parent stated, “The listening and compassion, not being judged and feeling greatly supported by my mentor...I am very grateful for the support and care...”

If your family could benefit from the Coaching Families team please call central intake at 780-975-4896 for more information.

Sharon Schultz

FASD Program Supervisor, Coaching Families

sharon.schultz@cssalberta.ca