

“Prevention of Fetal Alcohol Spectrum Disorder (FASD) by the Use of Technology” - Study Process for Addictions Services Staff:

Step one: Identification

1. Identify possible participant.
 - a. Inclusion criteria:
 - i. English speaking.
 - ii. 18-45 years old.
 - iii. Less than 6 months or 24 weeks pregnant.
 - iv. Self-reported alcohol consumption – seeking treatment for alcohol dependence.
 - v. Pregnant mothers with FAS or FASD are welcome to enroll.
 - vi. Women seeking treatment for addictions with substances in addition to alcohol dependence.
 - b. Exclusion criteria:
 - i. Women with severe learning disabilities.
 - ii. Women currently incarcerated.
2. Set a date for the participant to meet with research staff at your clinic.
3. Notify research staff of date and time of meeting:
 - by email at jbrown@ihe.ca; or nriley@ihe.ca
 - by phone at 780 448 4881 ext 237; 780 288 7682 (Nicole’s cel) 780 966-4879 (Jasmine’s cel)

Step two: Informational meeting with research staff (possible enrolment at this meeting if the participant is interested)

* If you would like an orientation/refresher on the study, please do not hesitate to let us know at any time.

1. Research staff will come to your clinic to meet with the participant.
2. Research staff will review the study, data collection, and informed consent forms with the participant.
3. The participant will be provided with the opportunity to join the study.

Step three: Enrollment

4. Should the participant join the study, they will fill out the appropriate forms and then be assigned into a random group.

Participants are assigned randomly into one of two groups:

1. **Control Group:** They will be given a \$50 gift card immediately upon being assigned into this group.
2. **Experimental Group:** They are given a phone and device. They will be given a \$50 gift card following the completion of study participation.

Step four: Completion of study participation

1. On completion, please gather the Soberlink device back from experimental group participants at your next meeting as appropriate.
2. The experimental group participants get to keep the smartphone, but their service agreement, provided during the study, will end.
3. Experimental group participants can donate their phones to other study participants if they would like.
4. Upon experimental group participant completion of their role in the study, they will receive a \$50 gift card.

Something wrong with a cellphone or Soberlink device?

Call: Jasmine Brown and/or Nicole Riley at (780) 448 4881 ext 237

If you can't reach someone on that number, please call Jasmine's cel (780) 966 4879 or email jbrown@ihe.ca; Nicole Riley's cel (780)288-7682 or email nriley@ihe.ca