

# The Incredible Years

## Wednesdays 12:00 – 2:00 pm

The Incredible Years parent training series is an Evidence Based Program that focuses on strengthening parenting competencies (e.g., monitoring, positive discipline, confidence) and fostering parents' involvement in children's school experiences in order to promote children's academic, social and emotional competencies and reduce conduct problems.

This **14 week** group is based on Trauma Informed Practice and Addiction and Mental Health Intervention to assist parents in their healing journey. The program is **only for parents who want support for their substance use** as well as their parenting. Program focuses on.

Child Minding will be provided if needed.

**Anyone can refer; please contact Kirsty Prasad**

**The Incredible Years are Here!**

**Support for all Parents Call today!**



**Date:**

**September 21 - December 21, 2016**

**Where: 10010 - 102A Ave  
Edmonton, AB**



**Contact: 780-415-0786**