



Tuesday, November 5, 2019
10320 – 146 Street, Edmonton

Supports & Services Meeting – FOR FASD SERVICE NETWORK PROGRAM FUNDED AGENCIES

9:00 am – 10:00 am

<ul style="list-style-type: none">• Call to order and roll call
<ul style="list-style-type: none">• Approval of last meeting minutes<ul style="list-style-type: none">- Carrie
<ul style="list-style-type: none">- Reporting<ul style="list-style-type: none">- Thank you everyone for getting all the quarter 2 reporting requirements completed!- Quarter 3, October 1 – December 31, 2019 (please remind staff of upcoming due dates as they fall during the holidays).- ORS quarter 3 due Friday, January 3, 2020- Quarter 3 narrative report due Friday, January 10, 2020.- Revisions made to core documents list- Please review here: https://edmontonfetalalcoholnetwork.org/about/core-documents/- Please review the following 2 core documents:<ul style="list-style-type: none">- Best Practices for FASD Service Delivery: Guide and Evaluation Toolkit (Pei et al., 2015).- Towards Healthy Outcomes for Individuals With FASD (Pei et al., 2019)- Lisa will be contacting each agency/program representative to book the yearly 'Service Quality and Compliance Review'.- These will be booked December, January and beginning of February and interviews will take approximately 45 minutes – 1 hour.
<ul style="list-style-type: none">• Finances<ul style="list-style-type: none">- Reminder, no funding can be carried forward into the upcoming fiscal year, therefore agencies are responsible to ensure all April 1, 2019 – March 31, 2020 funding is spent according to their approved Schedule B.
<ul style="list-style-type: none">• Additions<ul style="list-style-type: none">- Do programs provide support to individuals who also receive PDD funded supports?- Financial Assistance from Children's Services, Age Reduction to 22

Society Meeting – FOR ALL MEMBERSHIP

10:00 am – 11:30 am

<ul style="list-style-type: none">• Call to order and roll call
<ul style="list-style-type: none">• Approval of last meeting minutes<ul style="list-style-type: none">- Catherine
<ul style="list-style-type: none">• Best Bar None Awards Night- 50/50

<ul style="list-style-type: none"> - Best Bar None is a voluntary accreditation program for bars, casinos, pubs and other licensed premises that recognizes and rewards commitment to patron and staff safety, compliance to regulations and customer service. - Every year the program partners (AGLC, City of Edmonton, EPS, Fire) and the hospitality industry gather to recognize the successful accredited bars. - Last year's event had nearly 300 guests; we expect more guests this year, which is a great opportunity to raise money. - Event Details: <ul style="list-style-type: none"> • Tuesday, November 20, 2019 • River Cree Resort and Casino, Enoch Grand Ballroom • Doors 6:00 p.m. – presentations 7:00 p.m. • Dinner, Cash Bar - Recommended to be ready to sell tickets by 5:45 p.m. - You would be responsible for: <ul style="list-style-type: none"> • Providing and selling the tickets • Counting the money and awarding the prize money • Conducting the 50/50 raffle in a compliant manner; guidance can be provided by AGLC - This would require at least 3 people from your organization to execute properly. - After conversation, the Network has decided not to participate in this opportunity due to limited capacity of Network members.
<ul style="list-style-type: none"> • Financial Assistance from Children's Services, Age Reduction to 22 SAFA - Discussion.
<ul style="list-style-type: none"> • Prevention Conversation - www.getrealab.ca is now live. - Primary target audience for the site is youth. - Topics cover: drinking, relationships, birth control, drinking and pregnancy, STIs, and mental health. - 4 Tip Sheets with the youth project: 'Let's Get Real About Alcohol', 'Let's Get Real About Drinking & Pregnancy', 'Let's Get Real About Sex', 'Let's Get Real About Birth Control'. - EFAN has 'Helping To Inform Youth' postcards, that we are hoping all members can help to distribute through the work you do (promoting the youth prevention conversation project). - 3 new Tip Sheets for the adult prevention conversation project: 'Polysubstance Use and Pregnancy', 'Relationship Safety and Alcohol Use During Pregnancy', and 'Talking About Contraception with Women'.
<ul style="list-style-type: none"> • Council updates Youth Justice - NA PCAP - NA Parent Advisory – ongoing process stuff. Provincial Network - New Alberta FASD Network website - https://fasdalberta.ca/ - Navigation hub
<ul style="list-style-type: none"> • New research and resources - Alberta Family Wellness Initiative: Brain Story Certification - https://www.albertafamilywellness.org/training - 19 self-paced modules

- The Brain Story is a story about how experiences shape our brains. As such, it is also a story about human relationships, because we depend on those around us for the experiences that build our brain architecture.
- As a community, when we identify how and when to support children and families in the course of development, we can change how the story unfolds so that all of us, regardless of background and life circumstances, have the chance to lead happier, healthier lives, build stronger communities, and reduce risk for mental health problems, including addiction.
- Lifelong health is determined by more than just our genes: experiences at sensitive periods of development change the brain in ways that increase or decrease risk for later physical and mental illness, including addiction. That finding is the premise of the Brain Story, which puts scientific concepts into a narrative that is salient to both expert and non-expert audiences. The Brain Story synthesizes decades of research and reflects a body of knowledge that experts agree is useful for policy-makers and citizens to understand.
- **CanFASD: The Efficacy of Warning Labels on Alcohol Containers for Fetal Alcohol Spectrum Disorder Prevention**
- The evidence for the efficacy of alcohol warning labels is mixed, with a large proportion of studies suggesting that independent of additional FASD prevention efforts, warning labels are often ineffective in promoting change in alcohol use
- The purpose of this issue paper is to explore the effectiveness of alcohol warning labels as an FASD prevention strategy and to offer ideas to increase the potential use and impact of warning labels.
- Recommendations include:
 - Alcohol warning labels should be used in combination with other prevention strategies, including posters, informational pamphlets, and engagement with health and social service providers.
 - In addition to warning labels on bottles, warning messaging or signage should be included in alcohol advertising – and should be highly visible – in licensed venues.
 - Warning labels on alcohol containers should focus on design and content to achieve the best results. Design elements include increased size and graphic images versus text- based messaging.
 - Warning labels wording should be written in a neutral tone and be informative so as to not cause unintended stress or denial.
 - Warning labels should include a pictogram of a standard drink size to better facilitate reflection and self-monitoring of alcohol use.
 - The informational material that is synchronized with warning labels on alcohol containers should be evidence based and use non-stigmatizing messaging. Using resources, such as *Language Matters... Talking about Fetal Alcohol Spectrum Disorder*, can help frame included messaging.
 - Health and social service providers should be well prepared to welcome and assist women who are prompted to seek support as a result of a warning label so that their support can be harm reducing, non-stigmatizing, and trauma informed.
- <https://preventionconversation.org/2019/10/22/canfasd-the-efficacy-of-warning-labels-on-alcohol-containers-for-fetal-alcohol-spectrum-disorder-prevention/>