



Tuesday, January 7, 2020
10320 – 146 Street, Edmonton

Supports & Services Meeting – FOR FASD SERVICE NETWORK PROGRAM FUNDED AGENCIES

9:00 am – 10:00 am

<ul style="list-style-type: none">• Call to order and roll call
<ul style="list-style-type: none">• Approval of last meeting minutes<ul style="list-style-type: none">- Denise
<ul style="list-style-type: none">• Reporting<ul style="list-style-type: none">- ORS quarter 3 (October 1 – December 31, 2019) was due Friday January 3rd, 2020.- Quarter 3 narrative report (October 1 – December 31, 2019) is due 9:00 am, Friday, January 10, 2020. Please email to Lisa: lisa@rogozinsky.org- ORS quarter 4 (January 1 – March 31, 2020) is due 9:00 am, Friday April 3, 2020.- Quarter 4 narrative report (January 1 – March 31, 2020) is due 9:00 am, Friday, April 10, 2020.- Year-end, unaudited Schedule B's are due no later than 9:00 am, Thursday, April 30, 2020.- Year-end, audited financial statements/schedule B (for those who receive over \$100,000) are due June 30th, 2020.
<ul style="list-style-type: none">• Service quality and compliance review<ul style="list-style-type: none">- Half of the reviews have been completed.- Remainder will be booked in February – March 2020.
<ul style="list-style-type: none">• Letters of Agreement 2020 – 2021<ul style="list-style-type: none">- Have been revised to incorporate many of the items listed in the EFAN Operational Policies and Procedures.- New format follows framework of CFS and other GoA contracts to service agencies.- Please return electronically (no paper copies required), if able.- Letters of Agreement must be returned with a April 1, 2020 – March 31, 2021 schedule B.- Schedule A is attached to each LoA, these are the strategy boxes that have been included with the Network submitted Business Plan.
<ul style="list-style-type: none">• Finances<ul style="list-style-type: none">- All April 1, 2019 – March 31, 2020 funding must be spent by March 31, 2020.- Please follow up with your accounting departments to ensure your program is on par to have no unspent dollars.
<ul style="list-style-type: none">• Program updates<p>Unlimited Potential (Open Arms): Maternity leave will be posted soon, fully staffed, taking intakes, good turn around (about a month), bumpy road with Christmas Bureau.</p><p>Metis Nation: Youth and Seniors Gathering is coming up in February.</p><p>CASA (First Nations): Currently going through a program review and will share with the Network.</p><p>CSS (First Steps): Steady intakes, able to respond quickly to incoming calls, have done some trauma work with the frontline staff.</p><p>Leduc County (Bridges): Hosted client Christmas party (60 individuals), no current waitlist, intakes coming in.</p><p>Glenrose (Children): Waitlist is approximately 170, psych ed requirement is being discussed to problem solve budget constraints, open social worker position in the clinic.</p><p>CSS (McDaniel Youth): Open position has been filled, weekly groups continuing.</p><p>CASA (FASTracs): Next cycle is beginning at the end of January.</p>

Glenrose (Adult): 2 designated psychologists,
Elves (Respite): Tool to run with classroom staff with oversight from the OT (will bring information to the next meeting), accreditation is happening in February, Basic Shelf concluded, family photo opportunity, ran non-violent crisis intervention with staff.
Bissell (FASS, Hope Terrace): Good Christmas, Food Bank was low, actively looking for roommate situations for Hope Terrace (4 spots), please contact Tara directly tsobey@bissellcentre.org Celebrated 20 years of FASS!

Society Meeting – FOR ALL MEMBERSHIP

10:00 am – 11:30 am

<ul style="list-style-type: none"> • Call to order and roll call
<ul style="list-style-type: none"> • Approval of last meeting minutes - Carol
<ul style="list-style-type: none"> - New research and resources <p>FASD in Alberta</p> <ul style="list-style-type: none"> - Prevalence of FASD in the general Canadian population is 4% (CanFASD). - Estimated to be 2.5 times more common than ASD, 19 times more common than Cerebral Palsy, 28 times more common than Down Syndrome. - Alberta is estimated to spend \$1.14 billion, with \$459 million spent annually on criminal justice (including police, courts, corrections, and cost of victims), \$235 million spent annually on healthcare, \$188 million on educational services, \$153 million on social services, and 106 million on other services and indirect costs. - Another economic analysis by Thanh et al. (2010) estimated an incremental lifetime cost per case of FASD of \$800,000, suggesting that one prevented case of FASD results in a cost-avoidance of \$800,000. - A profile of 3,025 young Albertans from birth to 25 years diagnosed with FASD over a six-year study period (2005-2011) found that 78% of these young people were high government service users, compared to 11% of those without an FASD diagnosis (PolicyWise for Children & Families, 2017). At some point during the study period: <ul style="list-style-type: none"> • 31% of those diagnosed with FASD (ages 12 to 25) were charged with a criminal offence • 64% had high cost health use (in the top 5% of estimated costs for their age and gender) • Only 38 to 41% of students with FASD were meeting or exceeding educational expectations, with 69% receiving a special needs code • 74% received mental health services • 48% were involved with Child Intervention services • 37% (ages 0-17) received Family Support for Children with Disabilities (FSCD) • 17 to 30% (ages 18-25) received Persons with Developmental Disabilities (PDD) services per year • 42% received Assured Income for the Severely Handicapped (AISH) - In Canada, alcohol is the most widely consumed psychoactive drug, and is also the most extensively accessible and promoted (CanFASD, March 2018). - The overall substance use cost in Alberta in 2014 was \$5.5 billion, which is \$1,223 per Albertan. Of this cost, a percentage can be attributed to one of the following substance: 44% alcohol use, 28% tobacco, 10% opioids, and 6% cannabis. - In a longitudinal study of 2,246 women in Alberta conducted at the University of Calgary (McDonald et al., 2014): <ul style="list-style-type: none"> • Approximately 90% of all study participants had completed at least some postsecondary education • 87% were Caucasian and 76% had household incomes of at least \$80,000. • This study found that almost half (49%) of the women reported drinking some alcohol before and during pregnancy. • Approximately 13% reported at least one heavy drinking episode prior to pregnancy recognition.

- Only 3% stopped consuming alcohol at pregnancy recognition, with 46% continuing to drink, almost all at low to moderate levels.
- The FASD-CMC has identified five strategic pillars to guide Alberta's response to FASD:

Pillar 1 – Public Awareness and Understanding

Goal: Albertans are aware and understand that there is no safe amount of alcohol to drink at any stage of pregnancy, including when planning to become pregnant; that alcohol use during pregnancy can lead to FASD; that FASD can be prevented; and that FASD prevention is a shared responsibility. Focus on Prevention Level 1*.

Pillar 2 – Prevention

Goal: Reduce the incidence of prenatal alcohol exposure (PAE) by having safe discussions about alcohol and providing supports and services to support healthy outcomes. Focus on Prevention Levels 2, 3, and 4**.

Pillar 3 – Assessment and Diagnosis

Goal: Albertans who may have FASD have access to screening, diagnostic assessment, and functional assessments at key transition points across the lifespan that are based on their needs and strengths.

Pillar 4– Supports for Individual with FASD, their Families, and Caregivers

Goal: Albertans with FASD and their caregivers receive coordinated access to the supports and services they need when they need it.

Pillar 5 – The FASD Learning Organization

Goal: Stakeholders collaborate to develop and mobilize knowledge based on research and best practices to continuously transform Alberta's response to FASD to achieve outcomes and goals.

- **Wednesday September 9th, 2020 – EFAN AGM**
- Suggestions for FASD Day? Is this our AGM day?
- Put your creative caps on!

- **Prevention Conversation**
- Primary audiences for the prevention conversation trainings are those that work with women and partners of childbearing years and those who work with youth.
- Training also can provide the foundations to FASD with the prevention conversation embedded into the training.
- For more information please email Brittany at brittany.durant1@gmail.com

- **Council updates**
- Youth Justice - NA**
- PCAP:**
- Enoch Cree Nation has contracted the Alberta PCAP Council to facilitate Core Training on-site, January 28-30, 2020.
- PCAP Core Training in St. Albert February 11 – 14, 2020
- Keith (Quality Assurance) is retiring, position posted on PCAP council.
- Parent Advisory:** Meeting in November and then again early in February. This is a provincial council, 2 reps from EFAN area, meet 4 times per year, currently examining own role.