



Tuesday, March 3, 2020
10320 – 146 Street, Edmonton

Supports & Services Meeting – FOR FASD SERVICE NETWORK PROGRAM FUNDED AGENCIES

9:00 am – 10:00 am

<ul style="list-style-type: none">• Call to order and roll call- CSS, Bissell, UP, Leduc County, Glenrose, Elves, GES
<ul style="list-style-type: none">• Approval of last meeting minutes- Denise Plesuk
<ul style="list-style-type: none">• Reporting- Quarter 4 ORS must be submitted no later than 9:00 am, Friday April 3, 2020- Just a reminder that the web address for ORS has changed (if using the old address, you should automatically be forwarded to the new one, but this will end soon)- The new address is https://fasd-reporting.alberta.ca- Quarter 4 narrative report is due (email: lisa@rogozinsky.org) Friday, April 10, 2020- Year-end schedule B (April 1, 2019 – March 31, 2020) is due no later than 9:00 am, Thursday April 30, 2020 (email: lisa@rogozinsky.org) There are no extensions on this due date as EFAN's documents for our year-end audit are submitted to the auditor the first week in May- Audited Financial Statements (April 1, 2019 – March 31, 2020) are due June 30, 2020
<ul style="list-style-type: none">• Letters of Agreement 2020 – 2021- We still have not received, nor signed, our grant agreement with the GoA (no issues are expected)- We are expecting that FASD funding that was contracted through the CFS, will as of April 1, 2020 be granted through the FASD Networks (with no changes to their funding amounts)- This includes the Coaching Families, Step-By-Step, and First Steps programs with Catholic Social Services and the staffing compliments with the FASS program at Bissell Centre.- Once the GoA grant with the Network has been received, signed, and sent back to the GoA, Lisa will email out all the Letters of Agreement for electronic signatures- When returning via email the signed Letters of Agreement you must also attach an April 1, 2020 – March 31, 2021 Schedule B (funds cannot be released until both are received)
<ul style="list-style-type: none">• Finances- Last reminder before year-end, please ensure with your accounting departments that all funds (April 1, 2019 – March 31, 2020) will be spent by March 31, 2020

- Because we are grant funded (year per year) no unspent funds can be carried over to the next year

Society Meeting – FOR ALL MEMBERSHIP

10:00 am – 11:30 am

- **Call to order and roll call**

- **Approval of last meeting minutes**

- Carol Tabone

- **Disability Forum Participation (February 13)**

- FASD Networks (Edmonton and High Level) participated in the disability forum hosted by the Ministry of Community and Social Services ADMs
- The forum brought together other disability stakeholders from around the province to review the findings from the previously held forums and led into a working group meeting to provide feedback on the challenges and potential solutions
- Programs (PDD, FSCD, AISH, Income Support) will have to go through reform but it was reiterated that the GoA is committed to disability supports
- **Feedback highlights from previous forums included:**
- 4 themes: creating room for caseload growth, complex service needs, service model, and red tape reduction
- *Creating Room for Caseload Growth:* early intervention & prevention, build partnerships, mentorship models, consistency & equity in funding and service decisions, review current caseloads
- *Complex Service Needs:* cross ministry approach, complex needs program, specialized agencies/workers, technology
- *Service Model:* collaboration, explore network model (FASD), tiered services, regular engagement, support innovation, expand family managed supports
- *Red Tape Reduction:* clarity of roles and responsibilities, greater discretion for PDD staff, improve systems, support training

- **Network update**

- **Society Status**

- EFAN received their 2019 'Annual Returns for Society, Proof of Filing' from Alberta Corporate Registry (membership and financial audited statement we send in every August/September to maintain our 'Society' status)
- Network membership year is about to begin (follows the fiscal year, April 1 – March 31)
- Annual membership fee is \$20 (cheques made out to Bissell Centre but mailed to Attention EFAN, 10320 – 146 Street, Edmonton AB, T5N 3A2)
- Membership invoice and membership forms can be downloaded from the EFAN website: <https://edmontonfetalalcoholnetwork.org/through-the-years/2020-2021/membership/>
- Lisa will bring membership forms to the April Network meeting
- **Kids Brain Health Network Navigation Research Project Update**
- Project aims: the articulation of key components and service intersections for a sustainable model of community-based regional navigation support for children

and youth with neurodevelopmental disabilities (NDD) and the development of a framework for implementation

- Currently collaborating with 211 to expand their database and training of their generalists to provide navigational support to caregivers and frontline staff
- With the assistance of Melissa Dobson, the project has connected with NAIT students completing their capstone project to begin a database expansion and usability analysis
- Working with the Family Support Institute of BC to potentially create an Alberta or national version of 'my Booklet BC' (www.mybookletBC.com)
- Will be developing a newsletter for community stakeholders (nonprofits and caregivers) to provide an update on project progress
- **PolicyWise: Youth Suicide Prevention Grant**
- Grant application was approved
- Title of research: Stakeholder Perspectives on Risk Factors and Opportunities for Suicide Prevention Among Individuals with FASD
- Principal investigators include: Dorothy Badry (U of C), Kelly Harding (CanFASD), Rebbecah Marsh (CASA), Denise Milne (CASA)
- Community team members include: Lisa Rogozinsky (EFAN), Bernadette lahtail (Creating Hope Society), Jocelynn Cook (CanFASD), Myles Himmelreich (motivational speaker), and Audrey McFarlane (CanFASD)
- The researchers are currently working on the ethics application

- **New research and resources**

- **CanFASD (Feb 2020): 'Mothers' Experiences of Stigma, Multi-Level Ideas for Action**
- The purpose of the CanFASD issue paper is to explore the stigma experienced by pregnant and parenting women who use(d) substances during pregnancy. It identifies opportunities and resources to mitigate stigmatization and better support women who are accessing substance related and other support services for themselves and their children
- Women who use substances or have substance use problems experience dual stigma because they are seen as infringing on socially constructed ideas of what a "good woman" and "good mother" is
- This stigma may contribute to the belief that substance use during pregnancy is an uncaring choice
- The lack of understanding from health and social service providers and the public, as to the contributing factors to substance use such as trauma, interpersonal violence, stress, poverty, and isolation, can reinforce the belief that women deserve the stigma and discrimination that they receive
- **Implications and Recommendations:**
- • Women need to feel comfortable seeking support and treatment. Our health messaging must not be stigmatizing, and instead should be compassionate, strengths-based, trauma-informed, and harm reduction oriented to better encourage and support women in seeking the services that they may need
- • Health care and social service providers must increase their competence in providing appropriate support for women with substance use concerns and in using harm reduction oriented, FASD-informed, and trauma-informed approaches that recognize the many factors influencing women's substance use and the services available to support women's and children's growth and change
- • Providers must collaborate across sectors to support mothers in a safe and supportive way on a range of health and social concerns. Policy and practice

approaches where practitioners in child welfare and substance use services are working collaboratively to keep families together, to wrap care around mothers and children, and to support attachment, resilience, and recovery that can inspire others in this destigmatizing, respectful, cross sectoral work, are evidence-based strategies to support women and their families

- • Governments must fund health messaging and media campaigns around women's substance use and FASD prevention that are evidence-based, challenge stereotypes, and work to address discrimination. Language guides, such as *Language Matters: Talking about Alcohol and Pregnancy*, should be followed. Similar guides can also be used by program providers and policy makers when developing awareness campaigns as to invite, rather than deter, women from seeking help.
- Visit <https://preventionconversation.org/2020/02/17/canfasd-mothers-experiences-of-stigma-multi-level-ideas-for-action/> to download CanFASD article

- **Wednesday September 9th, 2020 – EFAN AGM Update**

- The business part of the AGM will take approximately 10 minutes, just kidding 5
- Prior to the AGM (July and August) members will be asked to review the audited financial statement, minutes from the 2019 AGM, and any nominations that have to be made
- Dr. Pei has agreed to present (for approximately an hour) on 'Towards Healthy Outcome for Individuals with FASD', specifically on the model that focusses on 12 domains of intervention approaches that are important for promoting wellbeing
- You can find the document here: <https://edmontonfetalalcoholnetwork.org/wp-content/uploads/2019/09/Final-Towards-Healthy-Outcomes-Documents-with-links.pdf>
- Lisa does not know what Dr. Pei's speaker fee is yet.
- **Discuss/Ideas:** Where do we want to hold this morning event? (think cost effective)
- Community hall, library, Action Lab (Skills)

- **Council updates**

Parent Advisory (Janet)

- Things in progress, discussing membership, attended CanFASD mixer, next meeting is May 4 and 5.

Provincial Network

- It is expected that FASD funding currently contracted through Children's Services will be funneled to the FASD Networks to grant to the current programs in receipt of the funding for the upcoming fiscal year
- It is also expected that this will include minimal administration dollars to accommodate for the increase costs in Network audits, contract management, and paperwork
- For EFAN, the additional amount (not including the additional admin dollars) is approximately \$1,300,000+ which would bring out total amount of funding to over \$4.5 million
- All Networks impacted by the expected transfer of FASD funding from the CFS to the Networks are currently revising their business plans and Network schedule Bs for the upcoming fiscal year
- **Motion (Lisa), seconded (Catherine): If in receipt of the FASD funding from the CFS, make an increase adjustment to the Banker fee that is paid to Bissell Centre**

in order to accommodate for the increase cost for the year-end Network audited Schedule B and audited Financial Statement. All in favour, motion approved.