

GIRLS EMPOWERED AND STRONG



SUMMMER CAMP

July 27-29, 2021

3-day outdoor summer programming that contributes positively to girls' development and future success!

Register: Contact Ritika at ritika.dodd@efrynorthernalberta.com or call 780-904-8052

Day 1

Date: July 27
Time: 10:00 AM- 4:00 PM
Theme: Psychosocial Concepts Impacting Girls

Sample activity from itinerary: Youth will work together to create a public service announcement on bullying and present it to the larger group.

Day 2

Date: July 28
Time: 10:00 AM- 4:00 PM
Theme: Skill-Building

Sample activity from itinerary: Youth will play The Committee Game (created by a local youth organization called Girl to Girl) in groups. Each group is assigned a community initiative prompt e.g., Plan a Pride Month Project and a set of guidelines to follow in their planning. Groups will present to everyone else.

Day 3

Date: July 29
Time: 10:00 AM- 4:00 PM
Theme: Resiliency

Sample activity from itinerary: Youth will use their creativity and paint a blank vase/jar. Then, they will write down what things make them resilient on slips of coloured paper and put these into the vase/jar to take home.