

## Edmonton and area Fetal Alcohol Network

**Date:** Tuesday, August 3, 2021

**Time:** 9:00 am – 10:30 am

**Location:** Zoom [https://zoom.us/meeting/register/tJEqdO-gqT4oHtx6LLUA1o\\_sajyg3NNNrK4N](https://zoom.us/join/https://zoom.us/meeting/register/tJEqdO-gqT4oHtx6LLUA1o_sajyg3NNNrK4N)

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### Item

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#### 1. Call to order, roll call

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#### 2. Approval of June 2021 meeting minutes - Rayann

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#### 3. Reporting

- Quarter 2 (July 1 – September 30, 2021)
- ORS (online reporting system), is due no later than 9:00 am, Friday, October 1, 2021.
- Narrative report is due no later than 9:00am, Friday, October 8, 2021.
- The narrative report should include: what successes have you experienced this quarter (program/client), what challenges have you experienced this quarter (program/client), and what innovation have you engaged in this quarter (program/client).
- Please keep in mind that the content should highlight how the work of the staff has supported the client's success.
- Reporting specifics can be found here:  
<https://edmontonfetalalcoholnetwork.org/about/through-the-years/2021-2022/fasd-reporting/>
- 6-month Expenditures-To-Date Schedule B (April 1 – September 30, 2021) is due no later than October 15, 2021.
- For those who had unspent funding from last year, please ensure you are using your amended schedule b.

#### EFAN Reporting

- Lisa is currently filling out the documents for EFAN's 'Society Annual Return' for Alberta Corporate Registry.
- The documents require signatures of two members, volunteers? (Lisa will drive out to location) Denise Davis and Carol Tabone
- Network's oral bi-annual report will be completed with the Ministry of Community and Social Services prior to October 30, 2021.
- 6-month Expenditures-To-Date Schedule B is due October 30, 2021.

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#### 4. Finances/audit

- Since the last meeting Amazon purchase of \$155.91 (art supplies for AGM).
  - The FASD Networks are collaborating on two provincial projects for the fall: liquor store brown bag prevention conversation campaign and pregnancy-test access (invoices have not yet been received)
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## Item

- The prevention bags will be distributed by High-Way9 to 23 liquor store locations in Edmonton (500 bags/store), \$650.40 (plus cost sharing for art work and shipping).
- The FASD Networks were able to make a bulk order of pregnancy tests (\$1.25 plus tax and shipping/test). EFAN has put in a request for 400 to distribute to requesting Network members (invoices have not yet been received).

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### 5. EFAN co-chair position

- We currently have a vacant co-chair position.
- The position serves a two-year term and can serve two terms.
- Brittany's second term will be up September 2022, but to follow the timelines it will extend till January 2023.
- Key Co-Chair functions include:
  - o Direct Society meetings
  - o Coordinate Network operations
  - o Ensure policies and procedures are in practice
  - o Orient prospective members
  - o Ensure FASD-CMC reporting requirements and guidelines are completed and met
  - o Coordinate efforts to address issues of interest and concerns
  - o Mediate and assist in the resolution of conflicts within the Network
  - o Liaise with Network members regarding the delegation of tasks and duties
- Would anyone be interested in filling the position (it doesn't pay well)? Erin expressed interest, will follow-up.

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### 6. Meeting places and spaces

- With the province opening-up and businesses and people determining their comfort level with this, how would EFAN like to proceed with its meetings: virtual, in-person, or a combination?
- Potential suggestion: alternate between in-person and virtual or in-person once every quarter, thoughts?
- If in-person is the direction membership would like to take, Lisa will look for a meeting space to rent, CSS is moving locations (for example renting the Otter room at the Edmonton Zoo for \$90/hour).
- Conversation to continue at October virtual meeting (mask mandate).

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### 7. AGM/FASD Day

- AGM is Tuesday, September 7, 2021 at 9:00 am (virtual).
  - Registrants require a 'package' for the virtual event, which can be picked up on August 12 (9 – 11 am) and August 13 (9 – 11 am).
  - You can also pick up the September 9<sup>th</sup> swag items at the same time.
  - Please email Lisa [lisa@rogozinsky.org](mailto:lisa@rogozinsky.org) if you have not already done so and let her know what day you will be picking up the items and what items (water bottles, key chains, pins, buttons, AGM bags). She will then give you, her address. When you arrive at her house, send a text to 780-919-0354, letting Lisa know who it is, and she will run the stuff out to your car.
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## Item

- To register for the AGM, visit <https://us06web.zoom.us/meeting/register/tJYudO-tqz8rHNzHUxEI0REPlxBUS5fZd4pg>
- 'Red Shoes Rock' Virtual walk, 9:00 am on Thursday, September 9, 2021.
- Encouraging programs, as long as health restrictions allow, to participate with program clients.
- Post pictures on social media using #redshoesrock and tag EFAN with @Edmonton EFAN.
- If permission has been provided by those in the photo, please email or text Lisa pictures that can be posted throughout September.
- 'Light the Bridge' (High Level) application has been submitted to the City of Edmonton.
- The request was for the bridge to be lit up red on September 9.

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### 8. New research and resources

#### *'Differences in Cannabis Perceptions Among Canadian Adolescent Boys and Girls'*

- The Canadian Centre on Substance Use and Addiction (CCSA) conducted a study to understand how gender differences in cannabis perceptions and behaviours contribute to the risks for harms of cannabis use among adolescent boys and girls.
- This is important because cannabis is the second most widely used substance among youth in Canada, after alcohol.
- Gender norms appear to affect cannabis use patterns in ways that can increase the risk of harm. Understanding these differences is necessary to ensure prevention, public education and harm reduction efforts are best tailored to meet the needs of youth.
- Highlights from the study include:
  - Adolescent boys report using cannabis more frequently, competitively, and heavily than adolescent girls.
  - When buying cannabis, adolescent girls do so more discreetly and more often alone than adolescent boys.
  - Adolescent girls are more concerned with social disapproval and stereotypes associated with cannabis use than adolescent boys.
  - Some adolescent boys and girls do not feel comfortable seeking support for problematic cannabis use from parents or school counsellors.
- Download the resource here:  
<https://preventionconversation.org/2021/07/19/new-resource-differences-in-cannabis-perceptions-among-canadian-adolescent-boys-and-girls/>

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### 9. Project Update: Provided

- Cathy C (Project Manager) request for project to contract Lisa (\$3000 initial set-up, \$800/month maintenance, GST) to create and manage blog, approved.

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### 10. Next meeting date and adjournment

- Tuesday, September 7, 2021 (AGM).
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