



April 5, 2022

MEETING MINUTES

1. Welcome and introductions

- In attendance: Avnit, Barb, Sadie, Lisa, Bernie, Carleigh, Trish, Carol, Beth, Raelee, Nola, Diane, Roxanna, Lynne, Sherry, Denise D, Carrie, Tracey, Deepani, Alishah, Tsion, Katie,
- Approval of March 2022 meeting minutes, Carol.

2. Reporting

- Q4 ORS was due Friday, April 1, 2022.
- Q1 (April 1 – June 30, 2022) ORS is due Friday, July 8, 2022.
- Q4 narrative is due Friday, April 8, 2022.
- Q1 narrative is due Friday, July 15, 2022.
- Unaudited schedule B is due no later than April 30, 2022.
- Audited reports are due June 30, 2022.
- Funded agencies, please provide updated April 1, 2022 – March 31, 2023 schedule Bs by April 30, 2022.

3. Finances

- Currently working on year end schedule B for the Network.
- Bissell Centre has requested from the bank a separate account for the WRaP project for ease of accounting.
- Upcoming expenditures include:
 - Proforma (Survey Monkey) for the WRaP 2.0 project (approx. \$1,000 from WraP grant).
 - Zoom (EFAN account), \$210 year subscription

4. Program presentation

- Unlimited Potential: Open Arms

5. FASD Day/AGM (Friday, September 9, 2022)

- Ideas?
- Zoo: Otter room rental \$88 per hour, minimum 2 hour rental.
- Suggestions: Presentation by MNA, Dr. Pei on the quality-of-life domains (approach to supporting individuals with FASD).
- Create prevention and EFAN posts and boost on social media sites for September.
- Elections of Officers to Executive Board not required as Officers are currently serving the second year of their second term (Amanda, Carrie, Miranda, Diane).
- If all Officers continuing on the Board there is space for an additional Officer.
- If interested, please email Lisa.

6. WRaP 2.0 FASD Coaching Partnership Project

- Final report is due to the GoA, April 30, 2022.
- Year 2 began February 1, 2022.



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- The output/outcomes surveys have been revised based on feedback from the FASD Instructional Coaches.
- Underspent \$46,391.36, allocated to project resources/materials/marketing (expected due to COVID).
- Planning a fall face-to-face 2-day meeting with the prevention conversation facilitators (shared training day one, break off for day 2).
- Look at distributing additional funding for Networks to get the Tip Sheets printed to hand-out for in-person professional development.

7. New research and resources

- CanFASD's, Common Messages: Guidelines for talking and writing about FASD
- Researchers currently estimate that at least 4% of individuals in Canada have FASD. This translates to more than 1.5 million people.
- Rates of FASD are higher in special populations, including those involved in the child welfare and justice systems.
- Reframe 'how much alcohol is too much during pregnancy?', to 'what do we know about alcohol and pregnancy?': Experts agree that there is no safe level of drinking during pregnancy. It is safest not to drink alcohol during pregnancy.
- FASD/mental health/substance use: When unsupported, people with FASD may be more likely to experience high rates of mental health and substance use difficulties.
- Replace secondary disabilities with adverse outcomes, difficulties in daily living, impacts or risks.
- Replace invisible with hidden.
- Replace disease and syndrome with disorder or disability.
- Use: all populations where alcohol is used are at risk for FASD.
- Do not use 'treatment', implies the effects of FASD are reversible.
- Replace living with and affect by with diagnosed with and has.
- Replaces suspected FASD with possible FASD or someone who may have FASD.
- Replace brain damage with brain-based differences, challenges, concerns or difficulties.
- Replace harmful terms such as alcoholic mother to woman who uses substances.
- To be inclusive of individuals who have conceived or given birth to a child with FASD and do not identify as women, consider the use of language such as "pregnant women and gender diverse pregnant women and people" or "mothers and birthing parents"
- Move away from the developmental versus chronological comparison and moving towards a strength-based FASD narrative.

8. Next meeting date: Tuesday, May 3, 2022 at 9:00 am
