



**Date:** Tuesday, October 4, 2022

## Meeting Minutes

### 1. Welcome and introductions

- In attendance: Lisa, Sadie, Kit, Bernie, Sherry, Lynne, Sarah, Miranda, Carol, Tanya, Sophia, Diane, Carrie
- Regrets: Denise D, Denise, P, Brittany, Beth
- August 2022 meeting minutes approval, Sophia.

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### 2. Reporting

- Quarter 2 (July 1 – September 30, 2022)
- ORS due no later than Friday, October 7, 2022.
- Narrative report due Friday, October 14, 2022.
- 6-month expenditures-to-date Schedule B is due no later than October 15, 2022.
- Quarter 3 (October 1 – December 31).
- ORS due no later than Friday, January 6, 2023
- Narrative report due Friday, January 13, 2023.
- WraP 2.0 Bi-annual report (Feb – July 31, 2022) submitted August 30, 2022.
- Currently working on EFAN bi-annual oral report (April 1 – September 30, 2022)
- Currently working on EFAN Business Plan (2023 – 2026)

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### 3. Finances

- No expenditures since last meeting.
- Upcoming expenditures includes WordPress account (EFAN blog) and Canva subscription.
- Motion (Lisa) to approve the cost of printing updated Network brochures/rack cards, seconded (Carrie), motion carried.

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### 4. Meeting Location

- November 1, in-person.
- December, January, February and March set for virtual meeting space.

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### 5. Policy and Procedure Revisions

- Updated document was previously emailed to the Network members.
  - Revisions include:
    - Page 11, Leadership team, bullet 5, must attend 75% of the meetings to maintain membership.
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- New section 'Program and Services'.
- New policy (pg. 43): 'Overview of Services': Intent of Services: The purpose of The Network is to increase regional capacity through the enhancement of existing FASD services and the development of new FASD services for a continuum of coordinated services in four services categories: awareness; prevention; assessment and diagnosis; and supports for individuals and caregivers.
- New policy (pg. 74): 'Promotions and Branding': The Network is committed to increase awareness in the Edmonton and surrounding area of FASD, including prevention, and to promote the services offered through the Network. The Network shall use consistent information to enhance recognition of FASD and the Network in its literature and documentation.
- New policy (pg. 76): 'Common Written Message': To provide consistent information to those who request it, the Network shall develop and maintain a consistent message regarding the Network and the services it is responsible for.
- Motion (Lisa) to approve the revised and edited, seconded (Sophia), motion carried.

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### 6. 'Prevention Conversation' project

- social media on FASD Day focused on 'Why may some individuals drink during pregnancy' campaign.
- April – June outputs include: 20 training sessions (17% of provincial total), 188 professionals (31% of provincial total), 79 post-secondary students (71% of provincial total), 9 youth (2% of provincial total), 16 public members (7% of provincial total).

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### 7. 'WRaP 2.0 FASD Coaching Partnership' project

- Social media has focussed on connecting virtually with the school authorities within the province.
  - FASD Day campaign: 'Did you know...'
  - The project PowerPoints (4) and Playbook have been updated.
  - Onboarding phases have been created on the blog for new staff.
  - Indigenous and cultural resource section for FASD Instructional Coaches has been created and populated on the staff section of the blog.
  - Reporting completed for February 1 – July 31, 2022.
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- Successes include shifting from instructional learning to coaching, educators making referrals to other colleagues, and opportunities to engage with new school authorities and schools.
  - Challenges include competing priorities and coaches still learning online platforms.
  - Project reach Feb 1 – July 31, 2022: 28 public school authorities, 14 separate, 12 other (Federal First Nations, private, francophone), 89 schools, reaching 948 educators, 649 support team members, 344 school administration, 281 other (caregivers/service providers).
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- **New research and resources**
  - **CanFASD: FASD for Community and Social Services Professionals**
  - Free to Albertans
  - The level II is designed for frontline workers that work directly with individuals with FASD and their families, including but not exclusive to those that work in financial and disability services, in FASD networks, housing, shelter and crisis supports, and employment programs.
  - This Level 2 training course, building on the **Level 1 Foundations in FASD course**, and assume the learner has a general understanding of FASD.
  - The course will provide knowledge and understanding of:
    - Provide knowledge and practical skills to frontline workers in order for frontline workers to advocate and provide services to children and adults with FASD
    - Understand principles of FASD-informed support
    - Review of basic knowledge and awareness of causes, symptoms, and prevalence of FASD
    - Increase knowledge of assessment, diagnosis, intervention, and support methods for FASD
    - Understand the intersection of trauma and grief with FASD
  - **CanFASD Webinar Series**
  - Reducing Stigma: Writing and talking About FASD
  - The language we use and the ways in which we use it are important. Based on the tenets of the Prevention Conversation and the CanFASD Common Message Guide, this webinar gives advice and guidance on how to discuss and write about FASD and alcohol use during pregnancy using stigma-reducing and strength-based approach.
  - <https://wordpress.com/post/preventionconversation.org/11446>
  - **CanFASD: Moving Towards FASD-Informed Care In Substance Use Treatment**
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- CanFASD published a guide that outlines evidence-based practices to support people with FASD who are in treatment for substance use.
- “With rates of substance use hospitalizations and overdoses increasing, addictions professionals are more valuable than ever. People with FASD have high rates of substance use, with one study reporting 46% of people with FASD using or misusing substances. Often people with FASD have trouble succeeding in substance use treatment programs because of their brain-based differences. People with FASD benefit from treatment that is tailored to their unique needs. This guide helps addictions professionals understand and account for these differences, so they can provide treatment services that will promote healthy outcomes for people with FASD.”
- <https://edmontonfetalalcoholnetwork.org/2022/09/20/canfasd-moving-towards-fasd-informed-care-in-substance-use-treatment/>

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### 8. Additions – Swag ideas for community agencies

- Continue with ‘Red Shoes’ branding.
- Stickers, buttons, key chains, note books, pens, calendars

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### 9. Next meeting date: **November 1, 2022**

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