



Date: Tuesday, November 1, 2022

Meeting Minutes

1. Welcome and introductions

- In attendance: Lisa, Sherry, Leona, Miranda, Bernie, Diane, Tracey, Barb, Raelee, Nola, Sophia, Tanya, Amanda, Carol, Sadie
- Approval of October 2022 meeting minutes (Carol)

2. Reporting

- Quarter 3 (October 1 – December 31, 2022)
- ORS is due no later than 9:00 am, Friday, January 6, 2023.
- Narrative reports are due no later than Friday, January 13, 2022.
- Will be completing oral bi-annual with the GoA on Nov 16, 2022 from 10:00 am – 12:00 pm.
- Really important that the Network is on par with having no unspent dollars this fiscal year.
- Lisa will follow up with programs in December in regard to spending.
- Network 3-year Business Plan is due December 19, 2022.

3. Finances

- Expenditures since the last meeting include: \$277.20 (room rental), \$1,850.50 (Sticker Mule), \$464.63 (Prairie Catering).
- Upcoming costs include: development of rack cards, WordPress accounts for Prevention Conversation and EFAN.

4. FASD Day 2023

- Falls on Saturday, September 9, 2023.
- Social media blitz
- 'Where have your red shoes taken you?'
- CFAN painted red shoes rock scavenger hunt.
- Community Leagues and schools outside boards.
- Radio stations (89.3)
- Bookmarks to libraries.
- Picnic in the park, music.
- Promote 'red shoes rock' throughout the year to build momentum, not just during the month of September.
- Will include both EFAN and red shoes logos on social media posts.



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- Action: Agencies/programs to email Lisa if they are wanting the 'red shoes rock' materials (buttons, key chains, stickers).
- EFAN will prioritize providing swag materials to community organizations for September awareness month.

5. Annual General Meeting 2023

- Will be held on Tuesday, September 12, 2023.

6. 'Prevention Conversation' project

- Shift from 'Low-Risk Drinking Guidelines' to 'Canada's Guidance on Alcohol and Health'.
- There is a continuum of risk for alcohol related harms whereby the risk is:
 - Negligible to low for individuals who consume two standard drinks of less per week;
 - Moderate for those who consume between three and six standard drinks per week; and
 - Increasingly high for those who consume more than six standard drinks per week.

7. 'WRaP 2.0 FASD Coaching Partnership' project

- Distributing \$3,000/coach to support programming.
- Planning two-day training (December 7 and 8) with the Prevention Conversation project.
- Training is being hosted by CanFASD.
- Currently reviewing and revising as necessary letters of agreement with the FASD Networks for the upcoming fiscal year (February 1, 2023 – January 31, 2024).
- Beginning to put together the annual report.

8. New Research/Resources

- Reviewed and revised SWOT Analysis, Environmental Scan and Community Needs Assessment.

9. Next Meeting: December 6, 2022 (virtual)
