



Date: Tuesday, March 7, 2023

Meeting Minutes

1. Welcome and introductions:

- February meeting minute approval: Saie

2. Reporting:

- Quarter 4 January 1 – March 31, 2023
- ORS is due no later than 9:00 am, Friday, April 7, 2023.
- Narrative reports are due Thursday, April 13, 2023.
- Unaudited schedule Bs are due no later than April 30, 2023 (there can be no extensions to this due date).
- Audited reports are due June 30, 2023.
- Please complete online confidentiality and membership forms:
- <https://edmontonfetalalcoholnetwork.org/about/through-the-years/2023-2024/confidentiality-certification/>
- <https://edmontonfetalalcoholnetwork.org/about/through-the-years/2023-2024/network-membership-2023/>

Finances:

- Upcoming expenditures, cost-sharing of Network Coordinators meeting.
- **Towards Healthy Outcomes Fund:** Fund to support the decrease in adverse outcomes while creating opportunities for success of individuals with FASD and their families.
- **Detailed Description:** To help reinforce services across the lifespan, create opportunities for meaningful success, and support the well-being of individuals, caregivers and families impacted by FASD, the Healthy Outcomes Fund will be developed and implemented by the Network. Founded on the belief that “healthy outcomes emphasize healthy living and quality of life, not solely the remediation of deficits” (Pei et al., 2019), the fund will support targeted needs as defined by the twelve domains of intervention that are common for individuals with FASD and promote well-being in all individuals. These include: physical health, attachment, family cohesion, social functioning, mental health/regulation, education, identity development, community engagement, adaptive skills, housing, employment, and parenting skills.



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- **Key Activities:**

- Design and implement transparent processes, guidelines and applications for a Healthy Outcomes Fund that aims to decrease adverse health, social and economic outcomes while creating opportunities for meaning success.
- Contract a Healthy Outcomes Fund Administrator (0.35)
- Complete all reporting as required by the Edmonton Fetal Alcohol Network.
- Collect and report data and program activities in the FASD Online Reporting System (ORS): *Data collected includes client demographics, assessment and diagnosis results, presenting issues, and changes in the status of presenting issues.*
- \$50,000/year for three years (\$15,000 Administrator + \$35,000 Fund)
- **Action: Lisa to develop a draft application process and guidelines.**

3. **April 1, 2023 – March 31, 2024:**

- *Grant with GoA:*
- Returned to the GoA with signature.
- *Letters of Agreement:*
- Currently developing, will post online for distribution when completed (will send email).
- Please note: Can provide EFAN with an invoice for payment or continue with providing approved schedule B, 6-month expenditures to date, year-end schedule B and audited financial.
- *Invoices:*
- Can provide EFAN with payment invoices, 4 payment dates (April 1, July 1, October 1, January 1).
- If providing invoices will still be required to provide audited statement/signed schedule B for June 30th.
- *Surveys:*
- <https://edmontonfetalalcoholnetwork.org/about/through-the-years/2023-2024/network-evaluation/>
- In order to ensure that the Edmonton and area Fetal Alcohol Network achieves its goals and to highlight what works well and what could be improved upon, the Network will engage in a systematic method to evaluate its practices, initiatives and funded programs.
- **Action: Funded program staff to review surveys and protocols.**
- *Recovery Oriented Systems of Care:*
- Alberta model of care that adopts a recovery-oriented approach for addictions and mental health.



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- Recovery in mental health is a process of achieving and maintaining remission from a mental health problem or illness and living a satisfying, hopeful and contributing life, even when symptoms are present.
- Recovery in addiction is a process of sustained action toward physical, social and spiritual healing and wellness while consistently pursuing a substance-free life.
- Developing recovery capital is an important part of the Alberta model. Recovery capital refers to the internal and external resources a person can draw on to begin and maintain their pursuit of recovery. It includes:
 - Physical and mental health
 - Family, social and leisure activities
 - Safe housing and healthy environments
 - Peer-based support
 - Employment and resolution of legal issues
 - Vocational skills and educational development
 - Community integration and cultural support
 - Discovering or rediscovering meaning and purpose in life
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4. 'Prevention Conversation' Project:

- April 1/22 – December 31/22
 - ⇒ # of training sessions: 322 Province, 42 EFAN (13%)
 - ⇒ # of professionals: 2227 Province, 424 EFAN (19%)
 - ⇒ # of post-secondary: 502 Province, 157 EFAN (31%)
 - ⇒ # of youth: 1508 Province, 18 EFAN (1.2%)
 - ⇒ # of public: 1044 Province, 35 EFAN (3.3%)

5. 'WRaP 2.0 FASD Coaching Partnership' Project:

- Annual report is due April 30, 2023.
- Steering Committee meets April 19, 2023.
- Program manager has been off.
- Abstract subcommittee formed to create abstract submissions for the WRaP project.
- GoA has indicated that approval from their communications is needed for presentation key messages.

6. New Research/Resources:

- *Substance Use In Pregnancy Series*
 - Perinatal Substance Use Working Group in collaboration with CFAN is currently producing a new substance use and pregnancy professional development series.
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- The group members will be facilitating the training.
- Coordinator asked to review content.
- Aiming at a fall 2023 launch.
- *Canadian Centre on Substance Use and Addictions: 3-Part Webinar Series*
- Webinar 1: The Making of Canada's Guidance on Alcohol and Health, Date: March 14, 1 p.m. eastern
- Webinar 2: The Clinical Implications of Canada's Guidance on Alcohol and Health, Date: March 21, 1 p.m. eastern
- Webinar 3: Frequently Asked Questions from Canada's Guidance on Alcohol and Health, Date: March 28, 1 p.m. eastern
- <https://preventionconversation.org/2023/02/28/register-today-canadas-guidance-on-alcohol-and-health-webinar-series/>
- *CanFASD Conference – November 7 – 9, Saskatoon*
- The first ever *Canada FASD Conference* is happening in November 2023! Join us in Saskatoon, Saskatchewan for three days of presentations and events to learn how we can transform evidence into action in the field of Fetal Alcohol Spectrum Disorder (FASD).
- This conference will bring together approximately 500 researchers, caregivers, individuals with FASD, policymakers, and professionals to share what they know about FASD. Canadian and international attendees are welcome!
- This year's theme is ***Connect, Inspire, Innovate: From Evidence to Action.***
- <https://canfasd.ca/canada-fasd-conference/>
- *A4YC – Allies For Youth Conference*
- 2 day in-person conference in 2025
- Request for Steering Committee participation.

7. Meeting Location:

- April 4 and May 2, 2023 – Yorath House 13110 Buena Vista
- June 6 and October 3, 2023 – Alfred H Savage Centre 13909 Fox Drive

8. Next Meeting: Tuesday, April 4, 2023 IN-PERSON
