



Date: Tuesday, May 2, 2023

## Meeting Minutes

### 1. Welcome and Introductions

- In attendance: Sherry, Brittany, Beth, Miranda, Roxanna, Denise D, Lisa, Denise P. Carleigh, Sophia, Nola, Tracy, Lynne, Leona, Carol, Diane, Robbie, Tanya, Raelee, Barb, Sadie, Giz, Sheetal

### 2. Membership and Confidentiality

- Last reminder, please fill out the EFAN 2023 – 2024 membership and confidentiality form.
- The membership list is used for formal Network communications and invites
- <https://edmontonfetalalcoholnetwork.org/about/through-the-years/2023-2024/network-membership-2023/>
- <https://edmontonfetalalcoholnetwork.org/about/through-the-years/2023-2024/confidentiality-certification/>

### 3. Reporting

- Narrative reports: Report on milestone activity for the period of reporting highlighting successes, challenges, and opportunities for your specific 'Action Items.' Significant high-level information related to the action item keeping the information brief.
- Quarter 1 (April 1 – June 30, 2023).
- ORS is due no later than 9:00 am, Friday, July 7, 2023.
- Narrative report is due Friday, July 14, 2023.
- For those required to complete audited statements, this is due June 30, 2023.
- EFAN annual due June 30, 2023
- Upcoming annual reports are due April 30<sup>th</sup> of each year.
- April 1, 2022 – March 31, 2023:
  - ✓ 238 blog posts on <https://edmontonfetalalcoholnetwork.org/>
  - ✓ 60,858 unique visitors
  - ✓ 179 blog posts on <https://preventionconversation.org/>
  - ✓ 25,262 unique visitors
  - ✓ 182 original Facebook posts made (foundations and prevention focus)
  - ✓ 5,623 information/referral/support requests received from the community
  - ✓ 43% from parents and caregivers, 39% from agencies and GoA, 10% from individuals with or possibly with FASD, 8% undisclosed.

### 4. Finances



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- Intact Insurance (June payment)
- AGM planning cost (Prairie Gardens)

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### 5. Health Outcomes Fund Review

- Have requested agency and program 'Healthy Outcomes' be created on ORS.
- Reviewed
- Edits will be made and an online form created.
- Lisa will email membership when application ready.

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### 6. 'Prevention Conversation' Project – Brittany

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### 7. 'WRaP 2.0 FASD Coaching Partnership' Project

- Currently creating summer plan of activities that need to be accomplished.
- CanFASD will review the slide content for edits/additions based on new research and best practices.
- \$2000/coach to support their attendance at the FASD Conference in November.
- 2 abstracts were submitted (panel presentations and poster).

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### 8. Network Surveys

- Examples of:
    - ✓ Physical health (refers to medical and physical components of health such as medications, nutritional supplements, physical activity, and health education)
    - ✓ Attachment (refers to the emotional bonds between caregivers and children, such as parent-child relationship building, caregiver education, home stability)
    - ✓ Family cohesion (refers to a sense of belonging and acceptance in the family and the safety, stability, educations and resources that families need to be stronger together)
    - ✓ Social functioning (refers to using interpersonal skills to social interactions to initiate and maintain relationships, such as social skills training and opportunities for healthy social gatherings)
    - ✓ Mental health and regulation (refers to emotional and psychological health and disorders and strategies to improve mental health)
    - ✓ Education (refers to academic opportunities and the functional supports necessary to complete all education goals)
    - ✓ Identity (refers to an individual's identity development, determining their qualities, values and self perceptions)
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- ✓ Community engagement (refers to a sense of belonging and involved having things to do and a social network)
- ✓ Adaptive skills (refers to daily living skills that allows an individual to be independent)
- ✓ Employment (refers to entering the workforce that suits an individual's unique skills and interests and provides a competitive wage)
- ✓ Housing (refers to access to safe, affordable, and secure housing)
- ✓ Parenting (refers to having the skills necessary to provide care, support and nurturance to their children)
- ✓ Access to FASD assessment services
- ✓ Access to other community resources

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### 9. Upcoming Meetings:

- June 2, 2023 at Alfred H Savage Centre (13909 Fox Drive), room booked 8 am – 12 pm.
  - August 1 meeting room space
  - No meeting in July.
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