



Date: Tuesday, June 6, 2023

Meeting Minutes

- 1. In Attendance:** Lisa, Denise, Megan, Arlene, Sherry, Leona, Bernie, Beth, Brittany, Amanda, Carleigh, Roxanna, Nola, Raelee, Robbie, Diane, Tanya, Sophia, Carol, Tsion, Barb

2. Membership

- “The Board will seek representation from agencies, programs and departments providing supports and services in the community and individuals with an interest in FASD.”
- Gaps: COAST, Women’s Shelter, Health For 2, Terra, Children’s Services, FSCD/PDD, Inclusion Alberta, Kids Kottage

3. Co-Chairs and Executive Board

- If the Board uses Co-Chairs, their term shall be 2 years. Co-Chairs may be elected for a second term.
- Key functions:
 - Direct society meeting
 - Coordinate Network operations: development, reporting, strategic planning, public relations...
 - Ensure policies and procedures are in place
 - Orient new members
 - Coordinate efforts to address issues of interest and concerns
 - Mediate and assist in the resolution of conflicts
 - Delegate duties and tasks
- Executive board comprised of 2 to 4 officers who serve a term of 2 years and can be re-elected to the same position for a second term.
- Key function includes leadership over all aspects of the Network.
- Brittany, Amanda, Sophia
- **Action: Please email Lisa if interested in serving as a Network Co-chair and/or Executive Board**

4. Reporting

- ORS is due July 7, 2023
 - Narrative reports are due July 14, 2023.
 - EFAN annual report due June 30, 2023.
 - Presenting issues; Not Applicable (?)
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- Reminder that surveys (hard-copy, links and QR codes) are online for program clients to complete: <https://edmontonfetalalcoholnetwork.org/about/through-the-years/2023-2024/network-evaluation/>
- Network membership survey online, please take the time to complete: <https://www.surveymonkey.com/r/NetworkMembershipSurvey>
- If mailing hard copy surveys please address to:
Edmonton Fetal Alcohol Network, C/O Denise Plesuk
11405 - 163 Street
Edmonton, AB
T5M 3Y3

5. Finances

- Intact Insurance (Board Liability and Business) \$2,526.00
- Zoom and Wordpress Business for WRaP 2.0
- Costs associated with AGM

6. Health Outcomes Fund Applications

- 3 applications: Unlimited Potential (Open Arms), Leduc County (Bridges Program), EFRY (GES Program)
- Reviewed applications.
- Motion (Lisa) to approve \$2,000 to Unlimited Potential, \$2,500 Leduc County, \$1,500 EFRY, seconded (Amanda), approved.

7. AGM/FASD Day

- EFAN looking at hosting a lunch AGM for its membership (September 12, 2023).
- Please book off 11 am – 12:30 ish

8. 'Prevention Conversation' Project – Brittany

- The project hosted 37 community development initiatives, reaching 729 individuals.
 - The project hosted 55 training sessions this reporting period, educating 637 professionals (21% of all professionals trained), 223 post-secondary students (31% of all post-secondary students trained), and 53 general public members and youth.
 - The training session focus included: FASD Foundations in 82% of all sessions, 'Let's Talk' Adults in 65% of all sessions, 'Let's Get Real' in 22% of all sessions.
 - 90% of the professionals and students who completed surveys reported an increase in knowledge of FASD.
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- 97% of the professionals and students who completed surveys reported that they intend to incorporate what they have learned into their practice/work.
- 85% professionals trained agree that The FASD Prevention Conversation is relevant to their work.
- The prevention conversation blog was visited by 25,262 unique visitors this reporting period and 179 blog posts were made this past year.

9. 'WRaP 2.0 FASD Coaching Partnership' Project

- Project Manager currently meeting with all Network Coordinators and coaches to discuss successes and challenges.
- Development evaluation first draft completed.
- Advertorial on the project sent to AISCA and CASS stakeholders.

- **New Research & Resources**

- CanFASD: Why FASD Diagnostic Assessment Important
 - <https://edmontonfetalalcoholnetwork.org/2023/05/26/why-fasd-diagnostic-assessment-is-important/>
 - Early diagnosis of Fetal Alcohol Spectrum Disorder (FASD) allow for an understanding of an individual's strengths and challenges which facilitates entry into appropriate intervention and support services. In turn, early diagnosis can mitigate the development of difficulties in daily living associated with this neurodevelopmental disability and promote healthier outcomes. Even if individuals do not meet the criteria for a diagnosis of FASD, a comprehensive multidisciplinary assessment process for those who have had prenatal alcohol exposure (PAE) provides important information about learning, behaviour, and physical and mental health that will guide care and appropriate supports.
 - Individuals of all ages can benefit from an assessment for a diagnosis of FASD.
 - Strengthening and increasing access to FASD screening and diagnostic services is crucial in order to enhance opportunities for earlier intervention.
 - The diagnostic criteria for FASD are the same for adults as for younger individuals but the diagnostic tools and assessment team may vary as the importance and ability to assess the various brain domains of functioning may differ with age.
 - Parents, caregivers, and others supporting an individual assessed for FASD should be empowered to participate in the diagnostic process whenever possible, and in care planning activities which result.
 - The diagnosis of FASD should include meaningful opportunities to reach out to birth mothers who may be struggling with alcohol and/or other substance use
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problems and who may be in need of care for themselves in a respectful and sensitive way.

- The diagnostic assessment should provide discussion of an individual's strengths and challenges, with the goal of facilitating interventions and supports that provide tangible outcomes in partnership with individuals, families, communities and systems.

10. Upcoming Meetings:

- **No meeting in July!**
 - August 1, 2023 at the Catholic Social Services Office (11405 - 163 Street)
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