

**Date:** Tuesday, October 3, 2023, 9:00 am – 11:00 am

Location: In person: Alfred H Savage Centre, 13909 Fox Dr NW, Edmonton, AB

# **Meeting Minutes**

1. In Attendance: Denise, Leona, Barb, Raelee, Mercy, Giz, Bernie, Nola, Sadie, Beth, Lynne, Denise, Miranda, Lisa, Jennifer, Giz, Jenna, Robbie, Sophia, Carol, Amanda

In the midst of life's chaos and with Thanksgiving looming, it's easy to forget the little joys. Even if your job feels like a sitcom on fast forward, there's humor in the mix.

Gratitude is your plot twist, reminding you that life isn't all scripted scenes. So, pause and ask: "What's today's moment of thankfulness?"

Let's dish out gratitude as we prep for Thanksgiving. What's making your heart do the turkey trot today?

# 2. Introduction of EFAN Co-Chairs and Executive Board

- Welcome Sophia Mejia as co-chair of EFAN and Brittany Durant, Sadie Martin, Tsion Abate as Officers of the Executive Board.

### 3. Reporting

- Quarter 2: July 1 September 30, 2023
- ORS is due no later than 9:00 am on Friday, October 6, 2023.
- Narrative reports are due Friday, October 13, 2023.
- Report on milestone activity for the period of reporting highlighting successes, challenges, and opportunities for your specific 'Action Items' as listed in your Letter of Agreement. Focus on significant high-level information related to the action item keeping the information brief.
- For those who must complete the 6-month expenditures to date Schedule B, this is due October 15, 2023.

#### 4. Finances

- \$10,824 allocated per year for Network development (rentals, swag, printing...)
- To date \$7,000.64 spent (\$3,823.36)
- Upcoming expenditures within the fiscal year include \$420 EFAN Wordpress business account, \$420 Prevention Wordpress business account, \$199 WPforms plugin, \$428.40 EFAN Survey Monkey, \$150 Canva.



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# 5. Health Outcomes Fund Applications

- To date applications have included June 20, 2023: EFRY, \$1,500.00, July 15, 2023:
  Unlimited Potential, \$2,000.00, August 15, 2023: Leduc County, \$2,500.00, September 12, 2023: Hope Terrace, \$2,500.00
- Have not contracted an individual to manage the fund as the demand has not required it.
- Three applications to review: Catholic Social Services and Elves
- Motion (Lisa), seconded (Robbie), to approve \$2,500 to Elves for staffing support to additional respite (12 four-hour sessions) January 13, 2024 June 8, 2024, approved.
- Motion (Lisa), seconded (Mercy), to approve \$2,500 to Catholic Social Services to host Christmas family festival for 200 participants, approved.

# 6. AGM/FASD Day

- Many agencies and programs hosted fantastic- FASD day/month events.
- Monday, September 9, 2024, AGM?
- Continue with Red Shoes marketing

# 7. Complex/Intertwined Issues: Substance Use, Houselessness, Crime

- Group discussion
- First Steps, Health For 2, Metis Nation of Alberta, mentorship programs (Open Arms)
  potential support for Hope Terrace residence.
- Conversation will be carried forward to December.

### 8. 'Prevention Conversation' Project – Brittany

- Project manager and Justice/Sol Gen have partnered to provide FASD foundations/prevention conversation training to the staff and inmates of provincial/federal institutions.
- Using existing capacity of the prevention conversation facilitators and institutions considered another stakeholder of project.
- The 'Let's Talk' (adult) and 'Let's Get Real' (youth) facilitator guides and presentations have all been updated.

# 9. 'WRaP 2.0 FASD Coaching Partnership' Project

- Working on PowerPoint presentation for the CanFASD conference.
- Evaluator has been on a leave, returning this week.
- Transitioning Steering Committee meeting to twice a year.



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- Project communication framework and plan with key messages and advertorial have been updated.
- Sandfly has developed new project images for this year.
- Images focus on role of the FASD Instructional Coach (i.e. mentor, resource provider, instructional coaching, professional development...).
- Weekly Facebook posts have been created, encourage everyone to 'like' the posts.
- Draft of the conference presentation has been provided.
- Sandfly to create banner for the project to use at the conference.
- Project hosting a dinner for the FASD instructional coaches and supervisors at the conference.

#### 10. New Research & Resources

- Frontline FASD Collective: Empowering Communities Through Collaboration
- The "Frontline FASD Collective: Empowering Communities Through Collaboration" meeting is convened with the aim of fostering a spirit of collaboration, shared expertise, and mutual support among dedicated frontline professionals. By fostering connections and knowledge exchange, we aim to drive positive change, reduce stigma, and ultimately improve the lives of individuals and families impacted by FASD.
- Proposing a quarterly meeting, first to be held January 2024.
- Action: Agencies will look at providing potential meeting room space (under 50)
- Committee to assist in planning? Sadie, Lisa and someone from CSS
- FASD Supervisor Collective
- Supervisors and management teams will meet after the regular scheduled EFAN meetings to discuss areas of concern, challenges and innovation.
- PUF Funding
- Impact of families impacted by FASD?
- Stakeholders provided additional information and context of caregiver/staff difficulties.

11. Upcoming Meetings: NO MEETING IN NOVEMBER

Next meeting: Tuesday, December 5, 2023