



Date: Tuesday, May 7, 2024

Meeting Minutes

1. In Attendance & Welcome:

- Lisa, Brittany, Nola, Barb, Robbie, Sadie, Miranda, Leona, Amanda, Mariam, Mehrnaaz, Beth, Sophia, Giz, Carrie, Tracey
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2. Action Follow Up – April

Action: EFAN members to complete membership and confidentiality forms asap.

- <https://edmontonfetalalcoholnetwork.org/about/through-the-years/2024-2025/network-membership-2024/>
 - <https://edmontonfetalalcoholnetwork.org/about/through-the-years/2024-2025/confidentiality-2024/>
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3. Reporting

- Yearend EFAN schedule B submitted to the GoA.
 - Audit documents will be provided to Bergeron & Co by the end of the week.
 - EFAN audit will begin the week of June 2, 2024.
 - Quarter 1 (April 1 – June 30, 2024)
 - ORS is due no later than 9:00 am Friday, July 5, 2024.
 - You do not need to wait until the end of the quarter to begin inputting the data.
 - Please login throughout the quarter to ensure access.
 - Narrative reports are due Friday, July 12, 2024.
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4. Finances

- Frontline meetings expenses: \$291.87
 - \$900, 3 exhibitor tables Lakeland conference (EFAN, WRaP, Prevention Conversation)
 - \$1,100 Survey Money (WraP)
 - \$2,400 Intact Insurance (Board and Liability)
 - \$420 Wordpress (WraP)
 - \$210 Zoom
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5. Health Outcomes Fund Applications

- **Bissell Centre, Hope Terrace:** We are looking for funding to support our community garden which will be utilized by the 34 residents of Hope Terrace whom have a diagnosis of FASD. The garden will be planted during the end of April, cared for over the summer months and harvested in the fall (\$1,500)
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- Motion, Lisa, seconded, Robbie, to approve the application for \$1,500 from Hope Terrace, carried.
- **EFRY, GES:** two Thursday – Friday ‘self care’ themed summer camps, 20 participants each. \$4,670 supplies.
- Motion, Lisa, seconded, Sadie, to approve the application for \$4,670,
- **CSS, First Steps:** twice a month client (past and present) social/connection group.
- Motion, Lisa, seconded, Robbie, to approve the application for \$5,000 for First Steps, carried.

6. FASD Frontline Collective

- Next date should be October 22, but this is the Lakeland conference.
- Frontline staff organizing: Giz, Robbie, Sandra (?)
- Agenda: Land Acknowledgment, Networking, Shared Learning
- **Action: Volunteers, Chair? Please email Lisa by May 31, 2024.**

7. In Focus: Physical wellbeing – Carry forward to June

- Physical wellbeing is fundamental to daily functioning and can change throughout the lifespan, as different events and environments can impact our physical wellbeing. Essential elements of physical fitness include medication, sleep, nutrition, sensory and motor functioning, and physical activity. Interventions targeting these aspects of physical wellbeing can improve outcomes when implemented alongside careful monitoring and encouragement, supporting overall wellness.

8. ‘Prevention Conversation’ Project – Brittany

- 1029 individuals reached through 44 community engagement activities.
- 589 individuals reached through 45 formal presentations.

9. ‘WRaP 2.0 FASD Coaching Partnership’ Project

- Steering Committee on May 15, 2024.
- Abstract submitted to present at the Lakeland Conference.
- Changed the ‘Reflections Template’ to include questions about how a coach’s instructional practice has changed over time and one-to-one coaching and personal practice.
- Have to met with the GoA to discuss the exit strategy (grant end date is January 31, 2026).

10. New Research/Resources



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<https://edmontonfetalalcoholnetwork.org/2024/04/10/canfasd-2024-version-of-the-fasd-common-messaging-guide-released/>

Since 2017, CanFASD has been publishing an FASD Common Messages Guide, a resource focused on respectful ways of writing and talking about FASD. Each spring, they review the guide and update it with new research and conversations that emerge in the FASD community. Over the last several years, individuals with lived experience have been increasingly involved. They have provided feedback on the topics covered and language we use to describe issues related to FASD.

- ⇒ Referring to 'risks' such as employment difficulties and mental health issues, as 'areas of need'. This indicates areas where supports may be beneficial.
- ⇒ Shifting to the use of '*living*' experience as opposed to the past tense '*lived*' experience
- ⇒ Replace cost and burden: Significant social and economic investment is needed to support adequate resources and services to address prevention, intervention, and diagnosis; and foster better outcomes for people with FASD and their families.
- ⇒ Replace the term "suspected FASD" with "possible FASD" or someone who "may have FASD"
- ⇒ To be inclusive of individuals who have conceived or given birth to a child with FASD and do not identify as women, when writing about FASD and PAE consider the use of terms such as "birthing parent(s)" or "women and gender diverse individuals who have given birth"
- ⇒ Replace invisible with hidden.
- ⇒ Several language changes that reduce stigma and blame
- ⇒ Updated supporting literature referenced throughout the guide

11. Upcoming meeting: June 4, 2024, NO JULY MEETING, August 6, 2024
