



**To Contracted Service Provider,**

THIS LETTER OF AGREEMENT MADE EFFECTIVE THE 1st DAY OF April 2025.  
BETWEEN:

**Edmonton and area Fetal Alcohol Network Society,  
("EFAN")**

- and -

**Catholic Social Services  
(the "Contractor")**

The fiscal year will run from April 1, 2025 – March 31, 2026.

All work for this project must be completed by March 31, 2026.

EFAN wishes to obtain the Contractor's services on the terms and conditions set out in the approved Schedule A and Schedule B in this Letter of Agreement; and

The Contractor is prepared to provide its services to EFAN on these terms and conditions;

Therefore, the parties agree as follows:

**1. TERM OF LETTER OF AGREEMENT**

- This Letter of Agreement shall be effective from the Effective Date until March 31, 2026 unless terminated in accordance with this Letter of Agreement. If both parties sign this Letter of Agreement, it is treated like a legally binding contract.

**2. PERFORMANCE OF SERVICES**

- The Contractor agrees to perform the Services, as outlined in the attached Schedule A (below) and deliver the Program in accordance with the provisions of this Letter of Agreement and follow any reasonable directions from EFAN regarding the performance of the Services. The Contractor warrants that it has the qualifications and expertise to perform the Services.
- The Contractor agrees to notify EFAN in writing, at least 90 days in advance of any proposed change to Service delivery.
- The Contractor shall take reasonable precautions to ensure that any person, including those persons who are not employees, subcontractors, agents or volunteers of the Contractor, who come into contact with any Client do not pose a risk to any Client.
- The Contractor shall:
  - a) ensure that all employees, subcontractors, agents and volunteers who provide direct Services to Clients complete an initial check and every three years after the initial check:



- i. a child intervention record check
    - ii. a criminal record check, including a vulnerable sector check.
  - b) review the checks set out above and document these reviews in writing; and
  - c) where checks indicate potential risk to Client(s), include in the Contractor's review the reasonable precautions put in place by the Contractor to mitigate the risk to Client(s).
- Contractor acknowledges and agrees that EFAN may provide reasonable directions to the Contractor in order to address potential risk to Clients.

### **3. MINIMUM STANDARDS**

- The Contractor shall:
  - a) comply with Standards as set out by EFAN's Bylaws and Operational Policies and Procedures; and
  - b) complete the "Principles of Best Practice Self- Assessment Survey" provided to the Contractor by EFAN.
- The Contractor acknowledges that if the Contractor does not comply with the Standards, EFAN may do either or all of the following:
  - a) require the Contractor to develop and carry out an action plan approved by EFAN and Contractor to re-establish compliance with the Standards; and
  - b) terminate this Contract in accordance with the Article 16 - Termination.

### **4. PROGRAM AND SERVICES AUDIT**

- In relation to the Services, if requested by EFAN, the Contractor shall:
  - a) permit EFAN or an agent of EFAN to review, evaluate or audit the Program and Services, and any Program and Services related Records;
  - b) provide copies of any Records that EFAN or an agent of EFAN requires in order to complete its review, evaluation or audit;
  - c) obtain any releases the Contractor needs to comply with the above Articles.
- In relation to the Services, if requested by EFAN, the Contractor shall:
  - a) implement any reasonable recommendations resulting from a review, evaluation or audit of the Program or Services or Program and Services related Records conducted by or for EFAN; and



- b) provide reporting to EFAN regarding implementation of recommendations from the review, evaluation or audit in the form and within the timeframes required by EFAN.
- At EFAN's request, the Contractor shall provide EFAN with a copy of all Contractor policies and rules pertaining to the Program and Services provided under this Letter of Agreement and EFAN agrees not to release these policies and rules further without the Contractor's written consent unless obligated under the *FOIP Act* or other applicable laws.
- 5. PAYMENT & FINANCE**
- EFAN agrees to pay, if in receipt of funds, the Contractor a maximum sum of \$739,240 **First Steps Program**, \$571,900 **McDaniel Youth Program**, \$447,760 **Coaching Families Program**, \$228,320 **Step-By-Step Program**, Canadian funds, inclusive of all expenses, to perform the Services.
    - EFAN will release grant funds quarterly (on or close to April 1, 2025, July 1, 2025, October 1, 2025, and January 1, 2026) provided all provisions of this agreement have been met and upon receipt of an appropriate invoice(s) from the Contractor. Invoices shall be processed by EFAN within 30 days of receipt.
- Or
- EFAN will release grant funds quarterly (on or close to April 1, 2025, July 1, 2025, October 1, 2025, and January 1, 2026) provided all provisions of this agreement have been met and according to the approved Schedule B, with expenditures to date provided at six months and year-end.
- The payments made under this Letter of Agreement shall be received and held by the Contractor on account and applied to Expenditures as they are incurred and to the remuneration for Services as they are delivered.
  - The Contractor shall apply the payments set out in Article 5 for the provision of Services and payment of Expenditures in accordance with Schedule B as amended from time to time and approved by EFAN.
  - If, annually during the Term this Letter of Agreement ends or terminates, EFAN determines that a Surplus exists, outside of invoiced programming, the Contractor shall within 30 days of EFAN's demand, repay the entire Surplus, as EFAN directs.
  - EFAN may withhold any payment if the Contractor fails to provide EFAN financial reports or information required in this Letter of Agreement within the stated period.
  - The Contractor may reallocate Expenditures set out in the Schedule B in accordance with the 'Financial Reporting for FASD Service Delivery Contractual Agreements' in the EFAN Operational Policies and Procedures.
  - The Contractor shall provide EFAN with an updated Schedule B to reflect any approved reallocation.
- 6. RECORDS AND REPORTING**



- The Contractor shall:
  - a) keep and maintain in accordance with Canadian generally accepted accounting principles complete and accurate books, records and accounts relating to this Letter of Agreement and, on demand, provide to EFAN these documents to examine, audit and make copies and take extracts;
  - b) keep the documents referred to in Article 6 for ten years following the completion or termination of this Letter of Agreement;
  - c) provide EFAN with any reports and documents required including but not limited to program invoices if required, a bi-annual schedule B if required, year-end unaudited schedule B if required, quarterly narrative reports, quarterly submission of the Online Reporting System and Penelope;
  - d) in cases where a contract is over \$500,000 the Contractor will be required to provide an audited Schedule B with the accompanying Auditor's Report no later than 90 days after the reporting date(s) specified in the Letter of Agreement or 90 days after the termination date;
  - e) for contracts more than \$250,000 but less than \$500,000 the Contractor will provide a copy of the un-audited Schedule B, certified by two representatives with designated signing authority, along with a Review Engagement Report no later than 90 days after the reporting date(s) specified in the Letter of Agreement or 90 days after the termination date;
  - f) for contracts less than \$250,000, the contracted service provider will provide a copy of the un-audited Schedule B, certified by two representatives with designated signing authority, no later than 90 days after the reporting date(s) specified in Letter of Agreement or 90 days after the termination date; and
  - g) in addition, provide information about the Services, to EFAN, upon the request of EFAN.
- The Contractor acknowledges that EFAN is not liable for any deficit or any other financial loss incurred by the Contractor in the performance of this Letter of Agreement.

#### **7. NON-ASSIGNABILITY AND SUBCONTRACTING**

- The Contractor shall not:
  - a) assign or otherwise dispose of any of its rights, obligations or interests in this Letter of Agreement; or
  - b) subcontract the Services (other than as specified in Schedule A)

without the prior written consent of EFAN, which shall not be unreasonably withheld.

- When the Contractor retains any subcontractor(s) in connection with performance of the Services, the Contractor shall:



- a) be responsible for remunerating the subcontractor(s);
- b) be responsible for the performance and activities of the subcontractor(s); and
- c) contractually obligate the subcontractor(s) to take action, or refrain from taking action, as necessary to enable the Contractor to fulfill its obligations under this Letter of Agreement.

#### **8. COMPLIANCE**

- The Contractor shall comply with the provisions of all laws, now in force or in force after the signing of this Letter of Agreement, that expressly or by implication apply to the Contractor in performing the Services.

#### **9. MATERIAL OWNERSHIP**

- Ownership of all Materials including any Record, other than Original Notes, which are made, generated, produced, or acquired by the Contractor or its employees, subcontractors or agents in the course of performing the Services under this Letter of Agreement belong to EFAN. The Materials shall be delivered to EFAN upon completion or termination of this Letter of Agreement, or upon request of EFAN.
- The Contractor shall cooperate with EFAN in protecting EFAN's ownership or intellectual property rights in the Materials.

#### **10. NON-DISCLOSURE OF INFORMATION**

- All information, regardless of form, including Personal Information, that is obtained, generated, provided or collected by the Contractor in the performance of the Services ("EFAN's Information"), shall not be disclosed or published by the Contractor without the prior written consent of EFAN. The Contractor may disclose EFAN's Information to employees, subcontractors or agents of the Contractor who have a need to know for the purpose of performing the Services, provided that the Contractor has a confidentiality agreement with the agent or permitted subcontractor containing confidentiality provisions substantially similar to this Letter of Agreement.
- The Contractor's obligations do not apply to information or documents which:
  - a) are or become publicly available through no act or omission of the Contractor;
  - b) are independently developed without benefit of EFAN's Information; or
  - c) are received by or from a third party without restriction and without a breach of an obligation of confidentiality.
- The Contractor shall retain EFAN's Information as confidential and shall make reasonable security arrangements against unauthorized access, use, disclosure, loss, destruction or alteration of EFAN's Information. The Contractor shall immediately advise EFAN of any unauthorized access, use, disclosure,



loss or destruction of EFAN's Information, and shall provide EFAN any assistance reasonably required to rectify such a situation.

- The Contractor shall return or deliver EFAN's Information to EFAN upon completion or termination of this Contract, or upon request of EFAN.
- EFAN's Information may be disclosed to the extent required by law or court order, provided that EFAN is given reasonable notice and opportunity to seek to prevent or limit its disclosure.

#### **11. FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY**

- The Contractor acknowledges that this Letter of Agreement, including without limitation the name of the Contractor, fees payable, the Term, and details of the Services may be subject to disclosure under the *FOIP Act*. The Contractor further acknowledges that the *FOIP Act* applies to EFAN's Information collected, used or disclosed in the performance of Services, and the Contractor shall adhere to the *FOIP Act* in its collection, use and disclosure of any Personal Information.
- The Contractor shall not collect, use or disclose any Personal Information under this Letter of Agreement except as reasonably required to fulfill its obligations under this Letter of Agreement, or as otherwise expressly authorized in writing by EFAN.
- In providing the Services the Contractor shall make every reasonable effort to ensure that Personal Information that is to be or is actually used to make a decision that directly affects an individual, is both complete and accurate. At EFAN's request, the Contractor must correct, within five Business Days of the request, Personal Information that the Contractor may have either collected or compiled about an individual pursuant to this Letter of Agreement.
- The Contractor shall:
  - a) protect Personal Information against any unauthorized access, use, disclosure, loss, destruction or alteration;
  - b) advise EFAN within 24 hours of any actual or potential unauthorized access, use, disclosure, destruction or alteration of Personal Information and provide all reasonable assistance to EFAN to prevent or remedy the same;
  - c) provide EFAN with any information regarding the Contractor's security measures that EFAN may require to verify compliance with the *FOIP Act*.
- The Contractor shall store all records of Personal Information which are disclosed to the Contractor under this Letter of Agreement, including records that are collected, used or stored on behalf of EFAN.
- The Contractor shall act on any direction that EFAN may provide with regard to the use, collection, access, security, disclosure, alteration, loss or destruction of the Personal Information.



- The Contractor shall ensure that any consent form used by the Contractor complies with all applicable municipal, provincial and federal laws.

## 12. INDEMNITY AND LIABILITY

- Each party shall indemnify and hold harmless the other, its employees and agents against and from any and all third-party claims, demands, actions, or costs (including legal costs on a solicitor-client basis) to the extent arising from
  - a) that party's breach of this Letter of Agreement; or
  - b) the negligence, other tortious act or wilful misconduct of that party, or those for whom it is legally responsible, in relation to the performance of its obligations under this Letter of Agreement.
- The Contractor shall indemnify and hold harmless EFAN against and from any loss or damage to the real or personal property of EFAN to the extent arising from the Contractor's breach of this Letter of Agreement or from the negligence, other tortious act or wilful misconduct of the Contractor, or those for whom it is legally responsible.

## 13. INSURANCE

- The Contractor shall, at its own expense, and without limiting its liabilities or obligations under this Letter of Agreement, insure its operations under a contract of general liability insurance in an amount not less than \$2,000,000 inclusive per occurrence, insuring against bodily injury, personal injury, and property damage including loss of use thereof.
- The Contractor shall maintain automobile liability insurance on all vehicles owned, operated or licensed in the name of the Contractor and used in the performance of the Services in an amount not less than \$1,000,000.
- The Contractor shall, without limiting its liability under this Letter of Agreement, maintain throughout the Term and for a period of 12 months following the completion or termination of this Contract, Errors and Omissions insurance, in an amount not less than \$2,000,000 insuring its liability resulting from errors or omissions in the performance of its professional services under this Letter of Agreement.
- The Contractor will comply with the requirements of the *Workers' Compensation Act* and *Occupational Health and Safety Act* (including all regulations, orders and codes of practice established pursuant thereto) at all times during the Term and will, on request of EFAN, provide EFAN with reasonable evidence of either such compliance or its exemption from compliance.
- The Contractor shall provide EFAN with acceptable evidence of insurance, in the form of a detailed certificate of insurance, prior to commencing the Services and at any other time upon request of EFAN.

## 14. RELATIONSHIP OF PARTIES



- The relationship of the Contractor to EFAN in performing the Services under this Letter of Agreement is that of an independent contractor, and nothing in this Letter of Agreement is to be construed as creating agency, or employment relationship between the Contractor and EFAN.
- This Letter of Agreement is not a continuation of any other contractual relationship. This Letter of Agreement shall end on termination or expiry and the parties acknowledge and agree that this Letter of Agreement does not represent a commitment to any continuing relationship between the party beyond expiry or termination.

#### **15. NOTICES**

- Any notice to be made under this Letter of Agreement is to be made in writing, and is effective when delivered to the respective address or transmitted by email.
- Any notice personally served or emailed shall be deemed received when actually delivered or received, if delivery or email is on a Business Day, or if not on a Business Day, on the following Business Day.

#### **16. TERMINATION**

- This Letter of Agreement may be terminated:
  - a) without cause or reason by either party giving 90 days written notice to the other;
  - b) at any time, by mutual agreement of the parties; or
  - c) with cause at any time without notice.
- If this Contract is terminated:
  - a) all Materials made, prepared, developed, generated, produced or acquired by the Contractor, or its employees, subcontractors or agents under this Letter of Agreement are the property of EFAN;
  - b) EFAN shall only have to pay the Contractor for the Services completed in accordance with this Letter of Agreement up to the effective date of termination;
  - c) Surplus is calculated as of the effective date of termination; and
  - d) The Contractor shall not be entitled to any loss of prospective profits, contribution to overhead or incidental, consequential or other damages because of termination.
- Notwithstanding the above, EFAN reserves the right to withhold payments and suspend the provision of Services by the Contractor if the Contractor:
  - a) in the reasonable opinion of EFAN, jeopardizes the care, safety or health of any Client; or



- b) fails to comply with reporting requirements set out in the Letter of Agreement.
- If this Contract is terminated or expires:
  - a) the Contractor and EFAN shall develop a termination assistance plan for transition of the Program or Services from the Contractor to any alternate Contractor; and
  - b) the Contractor agrees to provide answers to questions from any alternate contractor regarding the Program or Services, systems and any other Records provided by the Contractor to EFAN on an “as needed” basis, for a period of three months or such other time period the parties agree to.

#### **17. PARTIES’ REPRESENTATIVES**

- EFAN designates the Network Coordinator as the EFAN representative for communications and ongoing contact between EFAN and the Contractor in matters relating to this Letter of Agreement.
- The Contractor will designate an individual as the Contractor’s representative for communications and ongoing contact between EFAN and the Contractor in matters relating to this Letter of Agreement.
- Either party may change its designated representative above by sending written communication to the other party of such change.

#### **18. CONFLICT OF INTEREST AND ETHICAL CONDUCT**

- The Contractor shall ensure that there is not a conflict of interest or an apparent conflict of interest on the part of the Contractor or its employees, subcontractors or agents in relation to the Services, and all Services shall be performed in accordance with high ethical standards, including without limitation the following:
  - a) the Contractor and its employees, subcontractors and agents shall not influence, or seek to influence, or otherwise take part in a decision of EFAN knowing that the decision might further their private interests;
  - b) where the Services involve providing advice, making recommendations to EFAN or exercising discretionary authority regarding a right, permission, privilege, status, contract or benefit, then such advice, recommendations or discretion must be provided, made or carried out impartially and without bias;
  - c) except for payment as set out in this Letter of Agreement, the Contractor and its employees subcontractors or agents shall not accept any collateral gift, payment, commission or other direct benefit arising from or connected to the performance of the Services;
  - d) the Contractor and its employees, subcontractors and agents shall not have any financial interest in the business of a third party that causes, or would appear to cause, a conflict of interest in connection with the performance of the Services;



- e) the Contractor, upon request by EFAN, shall deliver copies of all written ethical standards, conflict of interest policies and codes of conduct established or observed by the Contractor in its business practices or in relation to its employees, subcontractors or agents; and
- f) the Contractor shall comply with, and ensure that, its employees, subcontractors and agents comply with, the *Lobbyists Act* (Alberta), as amended from time to time.
- In the event the Contractor becomes aware of any matter that causes or is likely to cause a conflict of interest in relation to the performance of the Services, the Contractor shall immediately disclose such matter to EFAN in writing. Upon such disclosure, the Contractor shall not commence or continue performance of the Services without the prior written consent of EFAN. If EFAN is of the opinion the Contractor or its employees, subcontractors or agents are in a conflict of interest, EFAN may terminate this Letter of Agreement.
- In the event that a dispute or misunderstanding should occur between EFAN and the Contractor regarding this Letter of Agreement or either party's contractual obligations, both parties agree to resolve the difference of opinion through:
  - a) Informal discussion/problem solving - Parties work together informally to either reach a solution or agree to drop the matter;
  - b) Direct negotiation - Formal unassisted negotiations directly between the affected parties;
  - c) Mediation - A neutral third party helps parties develop a solution they can both agree on.

#### 19. GENERAL

- This Letter of Agreement contains the entire agreement of the parties concerning the subject matter and except as expressed in this Letter of Agreement, there are no other understandings or agreements, verbal or otherwise, that exist between the parties.
- Any waiver by either party of the performance by the other of an obligation under this Letter of Agreement must be in writing, and such waiver does not constitute a continuing waiver of the performance of that obligation unless a contrary intention is expressed in writing.
- The rights and remedies of EFAN under this Letter of Agreement are cumulative and any one or more may be exercised.
- Unless otherwise provided for in this Letter of Agreement, the Parties may amend this Letter of Agreement only by mutual written agreement signed by the parties.
- This Letter of Agreement shall be governed by and interpreted in accordance with the laws in force in Alberta, and the parties irrevocably attorn to the exclusive jurisdiction of courts in Alberta.
- This Letter of Agreement shall be for the benefit of and binds the successors and assigns of the parties.



- The headings in this Contract are inserted for convenience of reference only and shall not affect the meaning or construction of this Letter of Agreement.

Notwithstanding the dates noted below this Contract is made effective as of the Effective Date.

Edmonton and area Fetal Alcohol Network –  
Representative

Signature

*Lisa Rogozinsky*

**Lisa Rogozinsky**

Print Name

**Coordinator**

Title

**March 5, 2025**

Date

(Name of Contractor)

Signature

*Dr. Troy A. Davies*

**Dr. Troy A. Davies, CEO**

Print Name

Title

*March 4, 2025*

Date



### Schedule A

Pillar #: 2	ACTION NAME: PCAP <i>Catholic Social Services – First Steps Program</i>	Action Item #: 5
<b>Key Activities:</b> PCAP program for the Edmonton (and surrounding area) and mentorship.		
<b>Expected Outcomes:</b>		
<p><b>Goal:</b> Reduce the incidence of prenatal alcohol exposure (PAE) by having safe discussions about alcohol and providing supports and services to promote healthy outcomes. <i>Focus on Prevention Levels 2, 3, and 4**.</i></p> <p><b>Key outcomes demonstrated in Network and agency evaluation tools:</b></p> <ul style="list-style-type: none"> <li>• Prevention strategies and initiatives are developed, delivered and evaluated using a collaborative and cooperative approach.</li> <li>• PCAP and other Prevention Level 3 and Level 4 programs are delivered effectively across Alberta and are responsive to community needs.</li> <li>• Individuals and families are supported to make healthy and informed decisions during pregnancy and on the well-being of their children.</li> <li>• Individuals consuming alcohol or drugs during pregnancy obtain services and supports in a safe, non-judgmental, and culturally-responsive manner.</li> <li>• <b>Standardized client surveys (Network provided) evaluate client outcomes, effectiveness of interventions, identify best practices, and inform improvements.</b></li> </ul>		
<b>Detailed Description:</b>		
<p>The Network will provide funding to First Steps, supporting the provision of the Parent-Child Assistance program. Services will include 'Level 3 Prevention': Provides supportive services for women and their social networks of support that are specialized, culturally safe and accessible for women with alcohol use challenges, histories of violence and trauma, and related health concerns and 'Level 4 Prevention': Provides postpartum support for new mothers and their social networks of support to help them maintain healthy changes made during pregnancy, and/or to continue to help them improve their health and support the health of their children.</p> <ul style="list-style-type: none"> <li>• The program will provide one-to-one support to the target population to ensure basic needs of program participants are met.</li> <li>• Through mentorship, address substance use concerns and the complex reasons behind prenatal alcohol exposure within a women-centered, trauma-informed and harm reduction approach.</li> <li>• Connect program participants to and advocate for access to community resources.</li> <li>• Utilize case management plans to address recommendations from an individual's assessment(s), ensure supports are inclusive of both professional and natural support networks existing in an</li> </ul>		



individual's life, review and update supports to reflect changing needs, and manage life-stage transitions.

- Utilize pre/post ratings (at intake, every 3 months, and at closing) and goal progress (at intake, every 3 months, and at closing) within the ShareVision database and agency client satisfaction surveys to ensure client and program outcomes are met.
- Complete all reporting as required by the Edmonton Fetal Alcohol Network.
- Distribute client surveys as provided by the Edmonton Fetal Alcohol Network.
- Actively participate on the Edmonton Fetal Alcohol Network.
- Collect and report data and program activities in the FASD Online Reporting System (ORS): *Data collected includes client demographics, assessment and diagnosis results, presenting issues, and changes in the status of presenting issues.*
- Collect and report data and program activities in the Penelope Integrated Case Management Software (Penelope).

Activity Undertaken	Activity Target Per Year	Approximate Manpower (Direct Client Service)
Parent-child assistance mentorship program	72	6.0 FTE
<b>Service Delivery Partners:</b> Catholic Social Services and the Edmonton Fetal Alcohol Network		
	<b>Budget Forecast</b>	
<b>Year 3: 2025 - 2026</b>	<b>\$739,240</b>	

<b>Pillar #:</b> 4	<b>ACTION NAME:</b> Youth Mentorship <i>Catholic Social Services – McDaniel Youth Program</i>	<b>Action Item #</b> 6
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**Key Activities:** Mentorship and community outreach to youth and young adults with or possibly with FASD.

**Expected Outcomes:**

**Goal:** Albertans with FASD and their caregivers receive coordinated access to the supports and services they need when they need it.

**Key outcomes demonstrated in Network and agency evaluation tools:**

- Every Albertan with FASD needing supports receives individualized supports based on a lifespan approach that manages life-stage transitions and guides the delivery of timely and coordinated services.
- Individuals with or possibly with FASD experience improvement in their wellbeing.
- Individuals and caregivers receiving supports report satisfaction with services received.
- **Standardized client surveys (Network provided) evaluate client outcomes, effectiveness of interventions, identify best practices, and inform improvements.**



**Detailed Description:**

The Network will fund the McDaniel Youth program. The program provides mentorship supports to youth ages 14 – 21 (at in-take) who have FASD, through short-term navigation, support groups, and long-term one-to-one mentorship. Mentors will work with youth for a period up to 3 years to help them access community supports and make a successful transition into adulthood.

- The program will connect participants to and advocate for community resources.
- The program will provide a spectrum of services that includes, short-term navigation, support groups, and long-term mentorship supports.
- The program will promote healthy social interactions through the provision of social and recreational activities.
- The program will advocate for and find suitable housing, mental health supports, and employment/education options for participants as required.
- Staffing will ensure that interventions are implemented appropriately, in a timely and proactive manner and are tailored to the individual’s needs and capacities.
- Utilize case management plans to address recommendations from an individual’s assessment(s), ensure supports are inclusive of both professional and natural support networks existing in an individual’s life, review and update supports to reflect changing needs, and manage life-stage transitions.
- Utilize pre/post ratings (at intake, every 3 months, and at closing) and goal progress (at intake, every 3 months, and at closing) within the ShareVision database, agency client satisfaction surveys, and the Child and Youth Resiliency Measure to ensure client and program outcomes are met.
- Complete all reporting as required by the Edmonton Fetal Alcohol Network.
- Distribute client surveys as provided by the Edmonton Fetal Alcohol Network.
- Actively participate on the Edmonton Fetal Alcohol Network.
- Collect and report data and program activities in the FASD Online Reporting System (ORS): *Data collected includes client demographics, assessment and diagnosis results, presenting issues, and changes in the status of presenting issues.*

Activity Undertaken	Activity Target Per year	Approximate Manpower (Direct Client Service)
Intake/Short term navigation	72	1.0 FTE
Youth mentorship		5.0 FTE
<b>Service Delivery Partners:</b> Catholic Social Services and the Edmonton Fetal Alcohol Network.		
	<b>Budget Forecast</b>	
<b>Year 3: 2025 - 2026</b>	<b>\$571,900</b>	

**Pillar #:** 4      **ACTION NAME:** Caregiver Mentorship      **Action Item #** 7  
*Catholic Social Services – Coaching Families Program*



**Key Activities:** Mentorship for parents/caregivers of children with FASD, community outreach and community connections.

**Expected Outcomes:**

**Goal:** Albertans with FASD and their caregivers receive coordinated access to the supports and services they need when they need it.

**Key outcomes demonstrated in Network and agency evaluation tools:**

- Families and caregivers have timely access to supports and managing transitions across the lifespan.
- Every Albertan with FASD needing supports receives individualized supports based on a lifespan approach that manages life-stage transitions and guides the delivery of timely and coordinated services.
- Caregivers of individuals affected by FASD experience improvement in their wellbeing.
- Individuals and caregivers receiving supports report satisfaction with services received.
- **Standardized client surveys (Network provided) evaluate client outcomes, effectiveness of interventions, identify best practices, and inform improvements.**

**Detailed Description:**

The Network will fund the staffing compliment of the Coaching Families Program. The program provides mentorship and navigational support to parents and caregivers of children (ages 0 – 24) with or possibly with FASD. Mentors work with the caregiver for an average of 6 to 18 months and support families to access diagnostic services, respite supports, and help families increase their knowledge of FASD that can be translated into FASD-informed practices and shared with their circles of support, including family members, educators, healthcare providers etc. By supporting families in accessing community resources and developing foundational knowledge in FASD, families are able to cope and succeed as individuals and as family units.

- The program will provide a spectrum of services that includes short-term, one-to-one mentorship (6 – 18 months) that can be accessed when needed and a monthly caregiver support group.
- The program will connect participants to and advocate for community resources and programming.
- Staffing will ensure that interventions are implemented appropriately, in a timely and proactive manner and are tailored to the individual's needs and capacities.
- Utilize case management plans to address recommendations from an individual's assessment(s), ensure supports are inclusive of both professional and natural support networks existing in an individual's life, review and update supports to reflect changing needs, and manage life-stage transitions.
- Utilize pre/post ratings (at intake, every 3 months, and at closing) and goal progress (at intake, every 3 months, and at closing) within the ShareVision database, agency client satisfaction surveys, and the



<p>North Carolina Family Assessment Scale that measures family interactions, parental capabilities, and self-sufficiency, to ensure that client and program outcomes are met.</p> <ul style="list-style-type: none"> <li>• Complete all reporting as required by the Edmonton Fetal Alcohol Network.</li> <li>• Distribute client surveys as provided by the Edmonton Fetal Alcohol Network.</li> <li>• Actively participate on the Edmonton Fetal Alcohol Network.</li> <li>• Collect and report data and program activities in the FASD Online Reporting System (ORS): <i>Data collected includes client demographics, assessment and diagnosis results, presenting issues, and changes in the status of presenting issues.</i></li> </ul>		
Activity Undertaken	Activity Target Per Year	Approximate Manpower (Direct Client Service)
Mentorship for parents and caregivers	50	4.0 FTE
<b>Service Delivery Partners:</b> Catholic Social Services and the Edmonton Fetal Alcohol Network.		
	<b>Budget Forecast</b>	
<b>Year 3: 2025 - 2026</b>	<b>\$447,760</b>	

<b>Pillar #: 4</b>	<b>ACTION NAME:</b> Parent Mentorship <i>Catholic Social Services – Step by Step Program</i>	<b>Action Item # 8</b>
<b>Key Activities:</b> Mentorship for parents with FASD, community outreach and community connections.		
<b>Expected Outcomes:</b>		
<p><b>Goal:</b> Albertans with FASD and their caregivers receive coordinated access to the supports and services they need when they need it.</p> <p><b>Key outcomes demonstrated in Network and agency evaluation tools:</b></p> <ul style="list-style-type: none"> <li>• Families and caregivers have timely access to supports and managing transitions across the lifespan.</li> <li>• Every Albertan with FASD needing supports receives individualized supports based on a lifespan approach that manages life-stage transitions and guides the delivery of timely and coordinated services.</li> <li>• Individuals with or possibly with FASD experience improvement in their wellbeing.</li> <li>• Individuals and caregivers receiving supports report satisfaction with services received.</li> <li>• <b>Standardized client surveys (Network provided) evaluate client outcomes, effectiveness of interventions, identify best practices, and inform improvements.</b></li> </ul>		



**Detailed Description:**

The Network will fund the staffing compliment of the Step-By-Step Program. The program works with parents who have or possibly have FASD and are actively parenting their children. This is a three-year, one-to-one, community-based mentorship program whose primary aim is to enhance and strengthen families. One goal of the program is to reduce family breakdown and reduce the need for involvement of Alberta Children’s Services through building caregiver capacity, community connections and self-reliance abilities.

- Work with program participants to set specific and measurable goals for increased independence, success in the community and enhanced circle of support.
- Connect program participants to and advocate for access to community resources.
- Provide one-to-one support to ensure basic needs of program participants are met, this includes addressing issues related to housing, employment, education, finances, health, mental health, substance use, parenting etc.
- Staffing will ensure that interventions are implemented appropriately, in a timely and proactive manner, are tailored to the individual’s needs and capacities, and focus on well-being and quality of life.
- Utilize case management plans to address recommendations from an individual’s assessment(s), ensure supports are inclusive of both professional and natural support networks existing in an individual’s life, review and update supports to reflect changing needs, and manage life-stage transitions.
- Utilize pre/post ratings (at intake, every 3 months, and at closing) and goal progress (at intake, every 3 months, and at closing) within the ShareVision database, agency client satisfaction surveys, and the North Carolina Family Assessment Scale that measures family interactions, parental capabilities, and self-sufficiency, to ensure that client and program outcomes are met.
- Complete all reporting as required by the Edmonton Fetal Alcohol Network.
- Distribute client surveys as provided by the Edmonton Fetal Alcohol Network.
- Actively participate on the Edmonton Fetal Alcohol Network.
- Collect and report data and program activities in the FASD Online Reporting System (ORS): *Data collected includes client demographics, assessment and diagnosis results, presenting issues, and changes in the status of presenting issues.*

Activity Undertaken	Activity Target Per Year	Approximate Manpower (Direct Client Service)
Mentorship for parents with FASD, whose children may or may not have FASD	24	2.0 FTE
<b>Service Delivery Partners:</b> Catholic Social Services and the Edmonton Fetal Alcohol Network.		
		<b>Budget Forecast</b>
<b>Year 3: 2025 - 2026</b>		<b>\$228,320</b>

