



**Date:** Tuesday, August 5, 2025

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## Meeting Minutes

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**1. In Attendance:** Amma, Denise, Bernie, Diana, Giz, Sophia, Sadie, Carol, Shay, Lisa

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**2. Action Follow Up – June**

- Action: Sadie to discuss with UP if they can receive the funding for event expenses.
  - Action: EFAN members to email Lisa who will be participating on the planning group (by the end of June) and Lisa will email the group.
  - Action: Lisa to create mailing list of elected city, provincial and federal politicians in the EFAN catchment area.
  - Action: Lisa will create an online registration form. Invites will be sent via email directly to the membership.
  - Action: Lisa to create output reporting forms that can track data for Feb 1, 2026 – June 30, 2026 (WRaP 2.0 project).
  - Action: Lisa will create a blog post to formally present the EOI. Until this is done, it is still in draft form.
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**3. EFAN Business Priorities:**

→ *Reporting*

- Quarter 2: July 1 – September 30, 2025
- ORS is due not later than 9:00 am, Friday, October 3, 2025.
- ORS is open.
- Narrative reports are due Friday, October 10, 2025.
- 6 months expenditures to date (Schedule B) are due October 15, 2025.

→ *Finances*

- Zoom \$225.65, AGM costs (supplies/food), mailout, meeting snacks, printing brochures.
- Motion, Lisa, to approve the expenditures, seconded by Sadie. No Opposed and abstentions, motion carried.

→ *Audited Schedule D and Financial Statement Approval*

- The audited financial statement has been finalized and the revenue and a summary of expenses for the organization have been presented. - During the past fiscal year, EFAN's total income was \$6,601,442 against total expenses of \$6,601,442. Total assets \$239,599, total liabilities \$198,883, net assets at the beginning of the year \$40,716, net assets at
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the end of the year \$40,716. These numbers represent the twelve months ended March 31, 2025.

- Motion, Lisa, to approve the Audited Financial Report, seconded by Shay. No opposed or abstentions, motion carried.
- *FASD Service Network Program*
  - Template for the upcoming 3 year grant term has not been released yet.
  - Expect the same amount that programs have received this grant term (no increase)
- *EFAN Expression of Interest: Adult Clinical Services*
  - Due October 31, 2025
- *Co-chairs & Executive Board members*
  - Sadie, Amanda, Bernie
  - **Action: Lisa to email the co-chairs about term.**

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### 4. Health Outcomes Fund Applications

- The \$150,000 has been allocated!
- Planning for the client event has begun.
- Will take place in September or October.
- More information to come.

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### 5. FASD Day & Annual General Meeting

- EFAN creating social media posts to support the theme 'Everyone Plays A Part: Take Action'.
- These will include myths/facts, prevention messaging, and calls to action. Please like and share.
- EFAN AGM will be on Tuesday, September 9, 2025 at 10:00 (CSS office, second floor).
- **Action: Lisa will email members who have not registered with final call to do so.**
- Registration is closed.
- Title: All Things That Make Us Smile: Curated By You, For The Best Version of You
- Event will include 20 minutes sound bath (bowls), snacks, AGM business
- Shortened event to ensure attendees can get to their program/agency FASD Day events.

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### 6. 'Provincial FASD Initiatives:

- ⇒ *Prevention Conversation*
  - ⇒ *WRaP 2.0*
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- Signed amendment to original grant agreement (July 24, 2025), project extended till June 30, 2026.
- Include \$375,000 to be distributed to the Networks for FTE maintenance.
- Extension does not include funding for evaluation or project management.
- Funding is available in the materials/resource budget to allocate \$10,000 for CanFASD to review and revise all project materials for Networks to use beyond June 30, 2026, funding to brand the revised materials, and to support website maintenance for project communications, professional development, and output tracking based on current contract, from Feb 1, 2026 – June 30, 2026 (\$5040 for term).
- Motion, Lisa, to approve the upcoming funding expenditures, seconded by Sophia. No opposed or abstentions, motion carried.
- Bi-annual report due August 30, 2025.
- **Action: Lisa will follow up with CanFASD concerning the potential project material revision contract.**

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### 7. New Research/Resources

- The Canadian Academy of Health Sciences' June 2025 FASD Summary Report reviews Canada's progress in preventing FASD and supporting individuals, families, and communities affected by FASD. It assesses the uptake of diagnostic guidelines, challenges in data collection, and opportunities to strengthen prevention and life-course supports. Key challenges identified include persistent stigma, limited diagnostic capacity, and fragmented systems of care, while opportunities lie in expanding culturally safe diagnostic practices, enhancing community-based prevention, and ensuring sustained, integrated supports across the lifespan. The report emphasizes that committed, collaborative leadership is needed to reduce the prevalence of FASD and improve outcomes for those living with it.
  - Key takeaways include:
    - 1 Diagnosis is crucial but underutilized due to stigma and limited capacity.**

While adults often value an FASD diagnosis for self-understanding and access to supports, stigma, lack of diagnostic resources, and challenges confirming prenatal alcohol exposure continue to limit diagnoses in Canada, impacting prevalence data and service allocation.
    - 2 A shift toward integrated, culturally safe prevention is needed.**

Effective prevention includes universal and targeted strategies that address root causes (trauma, poverty, lack of mental health supports) and requires culturally safe, Indigenous-led approaches that respect community contexts and knowledge.
    - 3 Life-course supports must be stable, integrated, and adaptable.**
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People with FASD need supports that span childhood to adulthood, with consistent, trauma-informed care, system navigation, and transitions that focus on interdependence rather than independence, especially for youth aging out of care.

**4 Community-led solutions and sustained funding are critical.**

Grassroots programs and Indigenous community initiatives play a vital role in prevention and support but often lack stable funding, limiting their reach and sustainability despite demonstrated effectiveness.

**5 Collaborative national leadership is essential to progress.**

A renewed, modernized national FASD framework, clear roles, accountability, and a national data strategy could help reduce fragmentation, advance prevention, and improve service equity across provinces and territories.

- Posted June 25, 2025: <https://edmontonfetalalcoholnetwork.org/2025/06/25/fetal-alcohol-spectrum-disorder-in-canada-summary-report/>

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### 8. Next Meeting:

- AGM September 9, 2025
  - Tuesday October 7, 2025 (Catholic Social Services office)
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