



Annual General Meeting

Date: Tuesday, September 9, 2025

AGM Meeting Minutes

- 1. In Attendance:** Bernie, Carol, Beth, Amanda, Giz, Brittany, Lisa, Mehrnaaz, Sadie, Diana, Raelee, Barb, Mariam, Denise, Beth V, Shay, Tracey, Sarah, Tsion, Amma, Sophia

2. Lank Acknowledgment

As we come together for our AGM and on this special FASD Day, I want to begin with gratitude.

We are gathered here on Treaty 6 Territory, the traditional and ancestral lands of First Nations, Métis, and Inuit peoples, and the homeland of the Métis Nation of Alberta, Region 4. For generations, this land has been a place where people met to share stories, learn from one another, and work together for the good of the community.

In that same spirit, we're here today, sharing ideas, building connections, and celebrating the things that lift us up. As we talk, laugh, and learn, may we remember that the work we do is rooted in relationships, with each other, with our communities, and with the land beneath our feet.

May we leave today carrying both smiles and a renewed commitment to creating spaces where everyone feels valued, supported, and able to thrive.

3. Welcome

Brittany:

Good morning, everyone. We're so glad you could join us today. We know FASD Day is a full one for many of you with events and activities happening all across our community, so we truly appreciate you taking the time to be here this morning.

Sophia:

FASD Day is more than just a date on the calendar. It's a time to raise awareness, build understanding, and come together to support individuals, families, and communities impacted by Fetal Alcohol Spectrum Disorder. It's a reminder of why our work matters and how much of a difference each of you makes.



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Brittany:

Our AGM will be short today so you can get back to the important events you're part of, but we still wanted to take a moment to connect. This year's theme, All Things That Make Us Smile, is about caring for ourselves as much as we care for others, because that's how we stay strong, hopeful, and ready to do this work.

Sophia:

Even in these few minutes together, we hope you feel the value of this network, the strength of our connections, and the shared commitment that binds us. Thank you for showing up here, for showing up in your communities, and for helping make every FASD Day one that inspires change.

Meeting called to order at 10:15 am.

4. Minutes of the 2024 Annual General Meeting

The Coordinator notes that the minutes of the 2024 Annual General Meeting, held in Edmonton Alberta on September 9, 2024 have been posted on the EFAN website since that date.

Motion to approve the 2024 Annual General Meeting minutes.

Moved by: Lisa

Seconded by: Tsion

None opposed, MOTION PASSED.

5. Year In Review Highlights

- Over the past fiscal year, EFAN-funded programs collectively served 1,152 unique clients, delivering supports across the lifespan. This included 178 assessments/diagnoses, 55 Parent-Child Assistance Program (PCAP) participants, 52 caregiver supports, and 904 supports for individuals. Clients were 65% female (n=749) and 35% male (n=403), with the most common presenting issues being social skills development, mental health supports, and adaptive abilities.
 - The Prevention Conversation Facilitator advanced prevention work significantly-delivering 51 formal presentations to 1,284 trainees and conducting 31 community
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- engagement activities that reached over 292 individuals (note: individuals were not counted in the second half of the reporting year).
- EFAN also continued its role in the WRaP 2.0 project, successfully entering the fifth and final year of the initiative. While originally set to conclude earlier, the project has been extended until June 30, 2026, allowing for further impact, resource development, and knowledge sharing across the province.
 - The Network continues to navigate rising operational costs without increased budgets, alongside the growing complexity of client needs linked to housing instability, substance use, food insecurity, and justice involvement. Despite these challenges, EFAN maintained a strong focus on collaborative, trauma-informed, and culturally responsive service delivery.
 - Key highlights from this year include:
 - Comprehensive supports across the developmental lifespan, integrating short-term navigation, long-term mentorship, and group programming.
 - Updated client satisfaction surveys aligned with the Healthy Outcomes Framework, ensuring consistent language and outcome tracking.
 - Ongoing resource development and outreach via blogs, social media, extending EFAN's reach beyond Edmonton.
 - Justice-focused mentorship roles established to better support individuals transitioning from corrections to community.
 - Planning for the transition of adult FASD diagnostic services from the Glenrose to a community-based model, with an emphasis on accessibility and cultural responsiveness.

6. Treasurer's Report

The Coordinator presents the financial report of the organization. The audited financial statement has been finalized and the revenue and a summary of expenses for the organization have been presented. - During the past fiscal year, EFAN's total income was \$6,601,442 against total expenses of \$6,601,442. Total assets \$239,599, total liabilities \$198,883, net assets at the beginning of the year \$40,716, net assets at Meeting Minutes the end of the year \$40,716. These numbers represent the twelve months ended March 31, 2025.

Motion to approve the Audited Financial Report.

Moved by: Lisa

Seconded by: Carol

None opposed, MOTION PASSED.



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7. Appointment of 2025 – 2026 Auditors

Motion to appoint Bergeron & Co. as the Auditors of Record for the fiscal year April 1, 2025 – March 31, 2026.

Moved by: Lisa

Seconded by: Beth V

None opposed, MOTION PASSED.

8. Election of Officers to the Executive Board

Coordinator states that, as per the EFAN by-laws, the Executive Board (Officers) is made up of two to four individuals, to a maximum of 5. Officers shall serve a term of two (2) years and may be re-elected to the same position for a second term.

Motion to elect the following members to Officers of the Executive Board: Amanda Lawlor, Bernadene Mallon, Sadie Martin, Brittany Durant and Sophia Mejia to the Executive Board.

Moved by: Lisa

Seconded by: Denise

None opposed, MOTION PASSED.

9. Next AGM Meeting

The next Annual General Meeting will be held August/September 2026 at a time and place to be decided by the Board and announced to members as per the by-laws.

10. Positivity Chain

Okay friends, we're going to do a little activity that's all about lifting each other up, and it fits perfectly with our theme today: all things that make us smile.

Here's how it works: start by writing your name at the top of a page in your notebook. Then we're going to pass the notebooks around the table to the left. When a notebook lands in front of you, jot down something positive for that person, maybe a strength you see in them, a quality you admire, or just something about them that makes you smile.



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If you don't know them well, no problem, you can write a hope or a wish for them, or even how you feel when you're around them. Think of it as sprinkling a little kindness on each page.

Once the notebooks make their way back to their owners, we'll take a quiet minute to read what's been written. That's the best part—sitting with a page full of affirmations and reminders of the good we bring to each other.

11. Adjournment

Thank you for being here today, for the work you do every day. With that, I officially close our AGM at 11:20 am, may the rest of your FASD Day be full of connection and joy.
