



Date: Tuesday, December 2, 2025

Meeting Minute

1. In Attendance: Lisa, Denise, Aidan, Tracey, Sophia, Raelee, Sarah, Beth, Amanda, Andres, Mehrnaaz, Mariam, Bernie, Anne, Brittany

2. Action Follow Up - November 2025

Action: Lisa R will follow up with Lisa M for Lakeland conference details.

3. EFAN Business Priorities

→ *Reporting*

- Quarter 3 (October 1 - December 31): ORS is due Friday, January 2nd, 2026. **Asking for it to be submitted prior to December 24, 2025.**
- Narrative reports due January 9, 2026.
- There will be changes in the narrative reports for the upcoming grant cycle.

→ *Finances*

- \$2122.06 expenses (\$673.35 books for membership, \$562 WPforms, \$415.80 WPsubscription Prevention Conversation, \$27.30 WPdomain Prevention Conversation, \$415.80 WPsubscription EFAN \$27.30 WPdomain EFAN)
- Upcoming, EFAN materials/swag: \$3,000 allocated
- Motion, Lisa, to approve \$3,000 to EFAN materials(development/printing/purchasing), Sarah seconded, carried.

→ *FASD Service Network Program*

- 2026 – 2029 grant application (Schedule A & Schedule B) submitted to the GOA at the end of November.
- FASD Networks meeting tomorrow.

→ *EFAN Expression of Interest: Adult Clinical Services*

- Manor Clinic, led by Dr. Thakker, in partnership with Empowering Growth: Center for Psychology and Wellness, led by Dr. Pei were the successful candidates.
 - To do: intake process and forms.
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4. 'Provincial FASD Initiatives

→ *Prevention Conversation*



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- Dr. Pei and associates are currently creating a new module that combines the Towards Healthy Outcomes Framework, brain domains and strategies.
 - Strategies = short term solution
 - Long term solutions = understanding that all behaviour has a function, what is the behaviour communicating?
 - Action: all agencies and programs connect with Brittany for presentation bookings February and onward.
- *WRaP 2.0*
- Last Steering Committee meeting held in November.
 - Education partners mentioned a potential year extension (an ask) within the budget.
 - Helene Wirzba working on final evaluation report.
 - All output reporting (quarterly and annual) will be completed by Lisa.
 - Coaches have been asked to submit their surveys of instructional practice prior to the last day of each month.
 - For November, only 5 coaches had submitted surveys and only 2 reflections.
 - WRaP blog will continue until June 30, 2026.
 - Project materials will be housed on EFAN's site after this date.
 - CanFASD currently updating all the modules and incorporating the Towards Healthy Outcomes into the Foundations of FASD module.

5. Pathway of Support, Domains of Wellbeing to Guide Frontline Practice – Review

- People with FASD often face intersecting challenges and systemic barriers. At the same time, they hold resilience, adaptability, and strengths that can flourish when met with consistent, compassionate, and informed support.
 - The Domains of Wellbeing from *Towards Healthy Outcomes 2.0* offer a framework for frontline staff to assess and respond to individual needs in real time.
 - This pathway helps staff answer the core question: "What do I do with this person today?" by meeting people where they are, building from strengths, and offering practical, relationally grounded strategies for each area of wellbeing.
 - **Action: all staff teams do a deep dive into the document and collect feedback:**
 - **Are there touchpoints of wellness in each domain that are missing?**
 - **Are there 'what to do' in each domain that are missing?**
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6. New Research/Resources

→ *Healthy Outcomes Fund: 2026 – 2029*

- Current application: Successful applicants may receive up to \$5,000 to support group-based activities (3+) for individuals with Fetal Alcohol Spectrum Disorder and/or their families and caregivers.
- Please describe in detail the group and activity, including number of individuals and duration of the event, the funding will support.
- Please describe in detail how the group event intends to support the decrease in adverse outcomes while creating opportunities for success of individuals with FASD and their families.
- Please describe in detail how the group activity intends to target needs as defined by the twelve domains of intervention that are common for individuals with FASD and promote well-being in all individuals. These include: physical health, attachment, family cohesion, social functioning, mental health/regulation, education, identity development, community engagement, adaptive skills, housing, employment, and parenting skills.
- Parameters?
- \$2,500 per application
- **Action: Lisa to create online application for April 1, 2026.**

Next Meeting:

- Tuesday January 6, 2026 (Catholic Social Services office)
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