

Coaching Families Program



Coaching Families involves in-home support to improve family dynamics, strengthen relationships, and address specific behavioral or developmental challenges in children with FASD. We offer tailored strategies for parents to build confidence, manage routines, and foster a supportive home environment

HOW WE CAN HELP

- Increase understanding and knowledge of FASD.
- Brain-Based Parenting Strategies
- Explore resources in the community
- Advocate for supports
- Assist with completing forms and applications

WHAT WE OFFER

- One to one mentoring with caregiver
- Bimonthly support group

DETAILS

- 6-18 months with a mentor
- Voluntary: No Fee
- Serving Edmonton and surrounding communities
- caregiver to children and youth up to 24 years old.
- Child and youth with FASD

CONTACT INFORMATION

Intake: Elaine 780-405-9336
Support Group email list:
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